

# Intervention

## Summer 2011



Police and Community Youth Centres

### From the CEO

Dear friends of PCYC

Welcome to the December Issue of our Intervention newsletter. While this year has provided many challenges for PCYC, it has also resulted in many advancements that place us in a better position to deal with the challenges of 2012 and beyond. Many centres have achieved great outcomes through the development of new programs, the acquirement of grants and the expansion of buildings and resources. All of these successes could not be achieved without the hard work and dedication of both The Federation and WA Police staff.

The rapid growth in resources at The Federation Head Office is one such example of the important advancements made by PCYC in the last 12 months. We now have a Human Resources Manager, Marketing and Fundraising Manager, Grants and Sponsorship Manager, Training Manager, Financial Controller and Administration Officer to help support the future growth and direction of PCYC. We anticipate that the next year will bring about further expansion as we endeavour to continue our focus on business growth, and better supporting our centre staff and volunteers.

Our latest addition to the team, Greg Morton as Training Manager, brings a wealth of experience and knowledge to PCYC. He will help us to maximise our RTO status and expand our training offerings to young West Australians, preparing more young people for the workforce or apprenticeships. I would like to take this opportunity to welcome Greg to the PCYC team, as well our new Financial Controller Trish Whittaker.

Another such advancement is the development of a new PCYC division, called livALIVE™. PCYC developed livALIVE™ after recognising the need to 'go mobile' in order to offer services to those individuals and communities that may not have access to a current PCYC facility. livALIVE™ is an innovative and dynamic mobile outreach service, operating in partnership with local government, schools, social agencies and community groups to provide activities, programs and youth spaces to meet the wants and needs of youth at a local level. It uses a mobile van filled with equipment to support the above activities, as well as resources on offer in the regions in which it operates. This division is an exciting addition to the offerings of PCYC and will allow us to expand our relevance and reach within the WA community.

In November PCYC held a Strategic Planning Workshop, as one of the first stages in developing a new strategic direction for the organisation. Facilitated by Dr Marie Martin, the focus of the Strategic Planning Workshop was to re-evaluate the organisation's vision, business strategies and to ensure PCYC remains a relevant and sustainable organisation.

The Strategic Workshop brought together an eclectic group of participants from across the entire state including PCYC Council members, Federation and WA Police staff members, state and local government representatives, and key stakeholders. The views and concepts shared at the Workshop will form the base of PCYC's Strategic Plan, which is currently being collated to be presented to the Council. I look forward to sharing the result of this Workshop with you all in due time.

Finally, I would like to take this opportunity to wish you a Merry Christmas and a safe holiday, and look forward to your support in 2012.

A handwritten signature in black ink, appearing to read 'Freddie Tan'.

**Freddie Tan - Chief Executive Officer**

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### Fundraising

PCYC is currently running a state-wide raffle, with the prizes to be drawn 20 March 2012. Tickets are \$2 each, and the prize money on offer is \$20,000 first prize, \$3,000 second prize and \$1,000 third prize. **To purchase tickets please call our raffle hotline on 1300 265 162.**

Here is what our last winner of the \$20,000 prize had to say about receiving the good news - "When you told me, I was in disbelief I was actually pinching myself, I know I kept saying 'you are joking'. It was like a dream and I am so happy, it has done so much for me. I have always been happy to hear of other winners of raffles. It would just make me smile to hear their reaction, I finally know how they feel.

My main reason for buying the tickets is to help the youths of our future. It is good for them to realise that people do care and are willing to spend time to help them. I was involved in the "Blue Light Discos" when I lived in the country and they were fantastic and the children loved them. It would warm my heart to see the fun they were having. These were run by the local police and by doing that they gained respect from the children and their families.

I wish you all the best for future raffles, keep up the good work!  
Mrs Watson, Wembley Downs

### Human Resources

#### Staff Achievements

We would like to congratulate all 11 participants in the Diploma of Business course offered by The Federation to PCYC staff from around the state. All participants have passed, and have formally recognised the skills that they use to keep our PCYC centres operational.

Congratulations to Brendan Davidson who has completed his traineeship with PCYC. Brendan has worked at Camp Mornington for the past 12 months, while completing study towards a nationally recognised Certificate III in Sport and Recreation.

#### Key Staff Introductions

Over the past several months The Federation Head Office has welcomed some new key staff to the organisation, to further support our organisation's growth. We have welcomed Trish Whittaker to the position of Financial Controller, who has joined us with a strong not-for-profit financial background. In addition, we have welcomed Greg Morton to the position of the state Training Manager. Greg has worked with PCYC in the past in a training capacity, and will be working to expand PCYC's training scope to provide more opportunities to the youth of Western Australia, as well as to PCYC staff.

### Inaugural AVELING PCYC Charity Golf Tournament a great success

The AVELING PCYC Charity Golf Tournament was held on **Friday 16 December at Royal Fremantle Golf Course**, raising over **\$14,000** for PCYC. The competition was dominated by Lou Digregorio & Warren Colgan (from Best Tractor Parts) who took home both the Best Net and Best gross score for the day - winning a \$500 Retravisation gift card each! The weather was kind, a beautiful 29 degree day with a light see breeze, which made the beers go down nicely. PCYC would like to thank the Naming Rights Sponsor, AVELING, Gold Level Sponsors, Retravisation (Electsales) and ACI Broking, Silver Level Sponsor SM Engineering and Course Sponsor, Royal Fremantle, for their fantastic support as well as all the participants who made the day such a success.

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### Sponsor in the spotlight - AVELING

As one of the largest and most respected private training providers in Western Australia, AVELING provides safety, leadership and e-learning training to those in the mining, resources, construction and light and heavy industries. AVELING is a locally owned and operated company with a prestigious list of clients including Rio Tinto Iron Ore, Bechtel and BHP Billiton to name a few. In addition, they help hundreds of small and medium companies in creating and maintaining a safe, compliant and productive workforce. AVELING offer both online and onsite courses and more information can be found at [www.aveling.com.au](http://www.aveling.com.au)

AVELING have been a fantastic supporter of PCYC, with the recent Charity Golf Tournament being no exception, eagerly taking the Naming Rights Sponsorship for this event. In recent times they have not only assisted PCYC financially, but we have also had the privilege of working with some of the creative team within AVELING to develop a new PCYC logo and build two new websites. Their assistance in helping PCYC to create a modern and fresh new look to our brand has been invaluable and we would like to take this opportunity to acknowledge Tony Aveling and his team for their ongoing support.



### Variety, Telethon and McCusker Foundation turn livALIVE™ dream into reality

Recent support from Variety WA, Telethon and the McCusker Foundation has turned the livALIVE™ dream into reality, with all three parties giving considerable donations to allow the purchase and fitting of the first two livALIVE™ mobile trucks. The trucks are due for completion by January and will be equipped with a driving simulator, portable skate ramp and music and lighting equipment, amongst other things. The trucks will operate in the City of Belmont and the City of Swan to deliver outreach services to these communities. Further funding is being sought to expand livALIVE™ offerings to other regions.



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### PCYC introduces livALIVE™ to Belmont

PCYC has recently taken over the delivery of youth services for The City of Belmont, which includes managing the Youth and Family Services Drop-in Centre, as well as outreach programs throughout the city.

Youth services are being provided by PCYC livALIVE™, a new innovative and dynamic division of PCYC, offering an array of exciting programs and activities. livALIVE™ is about entertaining and educating youth to help them stay on the right track. Operating in partnership with the City of Belmont, local schools, social agencies and community groups, livALIVE™ is a mobile outreach developing youth spaces to deliver activities and programs to meet the wants and needs of youth throughout the city.



PCYC livALIVE™ and the City of Belmont are committed to getting young people active, protecting young people and providing entertainment options for youth free of drugs, alcohol and abuse.



Some examples of upcoming holiday activities include:

- Drop-in centre with a range of activities on offer
- Hip Hop workshops
- Dance events
- School Holiday Adventure Camps at Camp Mornington
- Theatre Workshops
- Hair, makeup and fashion workshops
- Introduction to film making course

### livALIVE™ Camps

Parents, don't want to hear those all too familiar words in January yet again "I'm bored ... there is nothing to do"? PCYC livALIVE™ has the solution for you...

livALIVE™ will host three camps for 3 days / 2 nights at Camp Mornington in Wokalup (near Harvey) from 6-8, 13-15 & 27-29 Jan

- Two age groups available: 8-12 and 13-17.
- The cost is just \$400 Per Child (\$450 for non-livALIVE™ members)
- Limited **Free** spots for livALIVE™ members from the **City of Swan** and the **City of Belmont** joining before January (First in best dressed)
- All meals, accommodation, activities and transport included
- Guaranteed Fun!

For more information and to download the registration form visit [http://www.wapcyc.com.au/useruploads/files/camp\\_mornington\\_flyer.pdf](http://www.wapcyc.com.au/useruploads/files/camp_mornington_flyer.pdf)

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### Wanneroo / Joondalup Blue Light lends helping hand to Midland PCYC

Blue Light is more than just dance events. Wanneroo / Joondalup Blue Light proved this when it recently donated \$5000 to Midland PCYC in support of the Bandyup Women's Prison program.

Bandyup Women's Prison program engages with young women who have offended or are at risk of offending. These youth have the opportunity to visit Bandyup Prison and experience how incarceration can affect their life journey. The young women tour the prison, experience the admission process and talk to hand picked prisoners who relay their emotive stories.



This program has demonstrated positive outcomes and accepts referrals from the local schools, PCYC Centres, WA Police and other community agencies. To inquire about this program please contact First Class Constable Susan Stern at the Midland PCYC on 9274 1918.

### Rockingham Police Rangers relay for a good cause

Rockingham Police Rangers joined in at the Peel *Relay for Life*, organised by the Cancer Council WA, on 5 and 6 of November. The aim of the event was to carry a baton around the oval continuously for 24 hours; thus representing the enduring challenge that cancer sufferers face in relation to receiving medical treatment, and the physical burdens and emotional stress the disease causes. The event started at 10am Saturday and went through to 10.30am Sunday, with rain falling throughout most of the 24 hours. However this didn't dampen the spirits of the Rangers who walked the 24 hours relay style, with umbrellas, raincoats and even home made ponchos!



The Rangers were able to keep going with great encouragement from the unit Mascot, Rocky Ranger, and a few naps were caught here and there. The weekend was a great success with considerable funds being raised for the Cancer Council WA and there was a great community spirit present at the event.

### Adventure trainer returns after 3 months in US camp

Peter Gauci, a very popular member of Mornington Adventure Camp, recently returned to MAC following three months working in the USA. Peter was offered the opportunity to become an Adventure Trainer during the very busy three month holiday season at Gate Hill Day Camp in New York.

The day camp operated on a very different business model to the Australian Camps, with buses collecting on average 500 children on a morning and returning them home at the end of the day. On Peter's return, he took a group of Aboriginal Youth on a natural abseiling trip to Gill Pinnacle, approximately 200kms west of Ayres Rock. The trip was organized by Warakurna Multi Functional Police. Whilst the location was new to Peter, he enjoyed the challenges faced by the landscape, including the group abseiling into a raft at the bottom of a small waterfall. PCYC and Camp Mornington would like to welcome Peter back to the organisation.

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### **Alcoa Volunteers support Mornington Adventure Camp and Riding For the Disabled**

Mornington Adventure Camp were delighted to receive assistance from Alcoa Volunteers at the end of October 2011 to undertake necessary maintenance work. Initially assisting Riding for the Disabled construct a fence to house the horses near the dam, a group returned a week later to paint the fence posts and others around the property.

A group of volunteers returned in early November to undertake significant painting of the exterior dorms at Mornington in readiness for the Summer season. Alcoa provided the necessary equipment to complete the job safely, including scissor lifts for higher areas kindly donated from Coates Hire. The painting of the exterior almost completes the significant amount of work undertaken at Mornington this year, following our very generous donation from The Bethanie Group.

### **Albany PCYC strikes gold with Healthway**

Albany PCYC has been fortunate to receive \$20,000 sponsorship for their Strike II Program from Healthway. Albany PCYC's Act-Belong-Commit Youth Drop in Service Strike II program is run in partnership with the City of Albany and is focused on providing at-risk and indigenous youth in the Albany area with an opportunity for structured physical activity in a safe environment. The aim is to provide young people with positive, meaningful and inexpensive recreational activities, in order to reduce perceived 'boredom', which can lead to vandalism and antisocial behaviour in the community. In addition the program enables young people to access advice and assistance from youth workers, allowing them to address personal issues that they may be experiencing in their life. Participants are provided transport home at the end of the evening, to avoid the possibility of loitering and anti-social behaviour by the youth once they leave the centre.

Due to every increasing participant numbers over the past year the PCYC has seen the need to increase the number of youth workers and length of time the program operates. The program engages with these young people in a positive way and is committed to promoting Healthway's "Act, Belong Commit" message. We would like to thank both the City of Albany and Healthway for their ongoing support and commitment to this program.

### **Volunteer Profile - Emma Routley, Head Office Internship**

Being in the third and final year of my Behavioural Science degree at the University of Notre Dame, I am required to undertake an internship unit to put my knowledge and abilities into practice. For the past three months I have been at Head Office fulfilling duties in administration, marketing, grant writing, and human resources. My internship at PCYC has greatly benefited my learning and given me a chance to practically apply my skills in the areas inherent to my course, with a large emphasis on social justice and community psychology.

I have had the privilege of visiting several of the centres and was really impressed by the level of attendance and engagement that was present. It was fantastic to see the great work that PCYC does, and the enthusiasm expressed by the kids was evidence of their appreciation for the centres and respective activities. I have very much enjoyed being part of a team dedicated to youth engagement and hope to find myself in a similar stream of work once I graduate.

Thank you for the opportunity to be involved with PCYC.

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### Success for Armadale PCYC weightlifters at Nationals and World Comps

This year's U/15, U/17 and Junior National Championships in Melbourne VIC was a great success for Armadale PCYC weightlifter, Courtney Page. Courtney was in 3<sup>rd</sup> place prior to her last Clean & Jerk in the U/15 Competition. She needed to lift a personal best to win, and that she did with style, with a 76kg Clean & Jerk, becoming the U/15 National Champion.

The final day was the Girls U/17 and Junior championships and Courtney Page was again on fire. After securing the gold medal, and National Title, she had the opportunity to go-for-broke and qualified herself as a "Youth Elite Athlete". To do this she lifted a whopping 79kg Clean & Jerk. Taking control of the Competition, she succeeded with a 137kg total.



Courtney Page will spend a week in New Zealand training with the Australian Team following on from representing her country in a Aussie Vs NZ Junior Team Challenge.

The National Masters Championships October 15 & 16 in Adelaide produced a great results for PCYC weightlifter Grace Morrison, winning Gold in her category and setting herself up for a successful World Masters effort. Grace backed up her National success with Gold in the 69kg Category (Age Group 55-59) at the IWF Masters Championships in Limiassol, Cyprus in November.

Congratulations to both Courtney and Grace!



### Fremantle PCYC part of a \$5.5m facelift

Thanks to The City of Fremantle and Commonwealth funding, the Fremantle PCYC has had a major facelift that has taken just over a year and a half to complete. The redevelopment has expanded and improved the existing facilities at the Fremantle PCYC and Progress Hall, resulting in the connection of the two buildings and the creation of the Hilton Community Centre.

Located in Paget Street Hilton, the centre has a range of functional spaces that will be available for community use, including the foyer, the hall, a meeting room and a multi-purpose arts space. The Fremantle Toy Library will also be re-established within the new space. Redevelopment works have included the relocation of toilets, improvements to the commercial kitchen, the development of an administration space, a multipurpose workshop, additional storage and an extension to the PCYC gymnasium.

The City of Fremantle received \$3.25m of Commonwealth funding in 2009 through the Regional and Local Community Infrastructure Project to improve and extend the centre. The City contributed a further \$1.7m and \$585,000 was received from Lotterywest to complete the fit-out. Fremantle Mayor, Dr Brad Pettitt and Federal Member for Fremantle, Ms Melissa Parke, officially open the building on 9 December with a community open day held on 12 December.

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## State Gym Competition at Fremantle PCYC

Fremantle PCYC held the State PCYC Gymnastics Competition on Friday 30 September, Saturday 1 and Sunday 2 October. Gymnasts came from PCYC Centres around WA, including the regional centres of Albany, Bunbury, Collie, Kalgoorlie and Kalbarri, as well as all the metropolitan Centres. Gymnasts had to be in the top eight in their age group to compete. 35 boys participated, and 65 Girls competed in WAG Optional Competition, with 216 girls competing in WAG Levels Competition.

The Top female gymnast was **Portia Kyros - Level 9 - from Fremantle PCYC**. Perpetual trophies for highest All Around Score of the weekend were awarded. This is divided into four categories for the girls, and one for the boys. Winners were:

LEVEL 5+ TOP AA SCORE

**Emilia Raimundo 35.45 (Armadale)**

LEVEL 3+4 TOP AA SCORES

**Gisele Gould 35.75 (Kalbarri)**

Lavenders Top Score

**Chelsea Smith 27.05 (Rockingham)**

Roses/Kangaroo Paws /Frangipanis (optional division)

**Selina Warburton 27.15 (Fremantle)**

Boys - LEVEL 3 + 4

**William Mutton 53.50 (Albany)**



Fremantle PCYC being awarded the JP Stratton Gymnastics Award for Overall Winning Centre

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## Support Us

As a not-for-profit organisation we rely on the generous support of donors, volunteers and businesses to help us continue of our life-changing work. You can support us in a number of ways:

### Regular Giving

Becoming a regular donor is one of the best ways you can choose to support PCYC. Regular giving helps to keep our fundraising and administration costs to a minimum, meaning more of every dollar raised can go directly towards assisting youth at risk.

### One-off donation

Do you want to reduce your tax bill, or maybe you like the flexibility of a one-off gift? You can donate to PCYC anytime via; cash, cheque, direct deposit, credit card over the phone, or online at <http://www.wapcyc.com.au/content/page/donate-now.html>

### In-kind donations

All our centres are really appreciative of any new or used items in good condition (such as computers, electrical & sporting equipment).

### Raffle

Call 1300 265 162 to purchase some "lucky numbers" for the chance to win \$24, 000 worth of CASH prizes.

### Payroll Giving

The initiative of many employers, a payroll-donation program allows staff to make an easy, regular donation to their chosen charity, such as PCYC. For employers, a payroll giving program offers the opportunity to make a significant and lasting impact on the work of PCYC, through a direct tax deductible donation from participating employees' pay. Any employer with staff can start a program.

### Bequest

A gift of a bequest is a gift of tomorrow.

One of the most important ways you can help the work of PCYC in the future is by including a bequest (gift) in your Will. After you have made provision for your family & friends, you may like to consider PCYC.

### Corporate Sponsorship

PCYC has numerous options for corporate organisations to support key programs, including naming rights opportunities.

### Volunteer

PCYC, including Blue Light and Police Rangers, rely on the help of around 500 volunteers each year to ensure our activities run smoothly and safely. Volunteers also reduce the economic burden on centres, meaning fees can be kept low and affordable to all.

To find out more about supporting PCYC contact us today on 9356 0560 or email [info@wapcyc.com.au](mailto:info@wapcyc.com.au)