

The following process helps you to access support from PCYC's case management program.

### What's Case Management?

Case management supports you to achieve the goals that are important to you, linking you in with a case worker to walk alongside you. This looks different for each individual young person but often includes helping you to build your support networks, work through challenges and barriers, link you in with other people that might help, as well as giving you a space to chat through things you might be struggling with.

Case management isn't counselling, or therapy, but does have a positive effect on how people work through the difficult things in their lives.

PCYC's case management program is driven by you, helping you to identify areas of support and work towards achievable goals.

**WHO** Ages 12-25

#### WHERE

We can come out and meet you in locations that you feel comfortable with (such as school, another agency, at one of our Centres, in community locations).

- Fremantle PCYC
- Midland PCYC
- Kensington PCYC
- Rockingham PCYC

**NO COST** Case management is free!

### What happens next?



#### STEP 1:

- **Complete the referral form (this tells us a bit about you and what you might be looking for support with).**
- **Email the referral form to [connect@wapcyc.com.au](mailto:connect@wapcyc.com.au) or head into Kensington, Midland, Fremantle or Rockingham PCYC Centres for help to complete it.**



#### STEP 2:

- **PCYC staff will get in contact to chat about your referral and link you in with a case worker.**

**NOTE** – if we don't think we're the right program to meet your needs then we'll chat to you about who might be better able to support you. This is not because we don't want to support you – we just want to make sure we are able to help you with what you need.



# SafeSPACE™ Connect

## Case management – Referral form

### Centre

Fremantle    Kensington    Midland    Rockingham

Date of referral

### Young Person's Details

Chosen name

Legal name

Date of birth

Age

Aboriginal or Torres Strait Islander

Yes    No

Cultural identity

Gender

Pronouns

Phone

Email

Preferred mode of contact:

Call    SMS    Email

If we leave a message, can we say we're from PCYC?    Yes    No

Any considerations you want us to know about?  
(eg. Accessibility, cultural, sensory, information processing, etc)

**1** What would you like support with?

**2** What's going well for you right now?

**3** What's not going so well for you right now?

**4** Anything else you think we should know? (we don't judge, we just want to make sure we can support you)

### Other Services Involved

Contact Person

Organisation

Position

Phone/Email

Contact Person

Organisation

Position

Phone/Email

Contact Person

Organisation

Position

Phone/Email