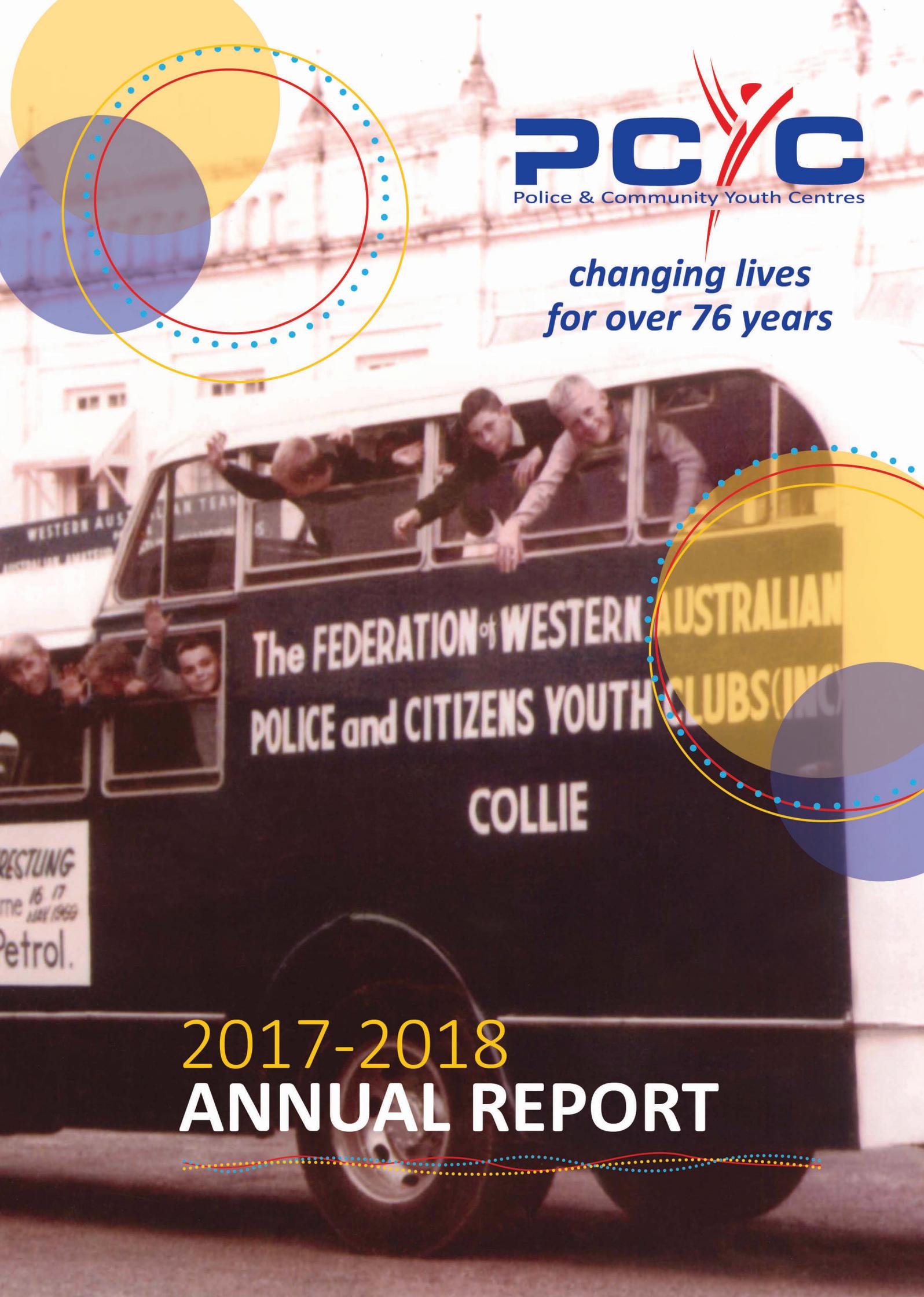




PCYC

Police & Community Youth Centres

*changing lives
for over 76 years*



The FEDERATION of WESTERN AUSTRALIAN
POLICE and CITIZENS YOUTH CLUBS (INC)
COLLIE

RESTUNG
me 16 17
JAN 1959
Petrol.

2017-2018 ANNUAL REPORT



EMPOWER

INCLUDE

GROW

we change lives

In partnership with the WA Police Force and support of many agencies, partners and volunteers, through inclusive and sustainable programs and activities, WA PCYC is contributing to healthier, happier and safer communities.

ANNUAL REPORT 2017-2018

A PROUD HISTORY 1941-2018	5	ICE BREAKERS WA PCYC®	26
SUMMARY OF THE YEAR 2017-2018	6	LEARNING & DEVELOPMENT (L&D)	28
CORE PROGRAMS	9	LIFE SKILLS PROGRAMS	30
MINISTER'S FOREWORD	10	FULL THROTTLE™	31
PRESIDENT'S REPORT	10	MOBILE RESOURCES	33
CEO'S LETTER	11	GYMNASTICS	35
COUNCIL OF MANAGEMENT	12	BOXING	36
WA POLICE FORCE & PCYC	14	MORNINGTON ADVENTURE CAMP	39
OUR PEOPLE	16	REGIONAL FOOTBALL	40
OUR REACH	18	PARTNERS	42
BLUE LIGHT™ YOUTH ACTIVITIES	21	SECURING OUR FUTURE	44
POLICE RANGERS	22	FINANCIALS	45
safeSPACE™	24		

"From the time of entering (PCYC) ... there has been a noticeable improvement in my son's behaviour, attitude and mannerisms. (He) was heading down a very troubled path where he would be crossing paths with the WA Police and the courts for all the wrong reasons. Without (PCYC) my son would have only struggled even further and ended up time and time again on the wrong side of the law. Educating and interaction with young people cannot be easy at times but a simple and compassionate approach towards allowing them to feel safe and advising that they are not alone can only be an advantage for all involved and the community also."

Excerpt from a letter from a Midland PCYC parent mid-2018



unity

Once run by police, the influence and input by the Western Australian Police Force is foundational of WA PCYC values.

*Pictured, from various PCYC clubs around metropolitan Perth c.1958:
Top left to right - Frank Joseph Eddy 2189, William Edward Wright 2539
Bottom left to right - Douglas John Warden 2621, Peter Raymond Carton 2882
With thanks to the WA Police Historical Society Inc.*

A PROUD HISTORY 1941-2018

Our values

Respect + Professionalism + Accountability + Relationships + Partnerships =

- Respect of all people
- Encouraging and influencing an innovative and committed workplace
- Accountability and transparency with our responsibilities
- Fostering of compassionate and effective working relationships
- Building and fostering working partnerships for sustainable mutual outcomes

A tradition begins in WA

Established in Western Australia in 1941, The Federation of Western Australian Police and Community Youth Centres (WA PCYC) is a not-for-profit organisation creating opportunities for young people. Initially formed as the Police Boy's Club, its aim during the war years was to provide guidance and structure to boys to reduce crime within the community while their fathers were away fighting for our country and mothers toiled in the munitions factories.

The history of PCYC stems back to a gentleman called William John Mackay, born in Scotland in 1885, who grew up on the streets in the industrial squalor of 19th century Glasgow. As a teenager, he learned that the only place he could meet friends was on the streets. There were no organised games, activities or safe places.

At just 19-years, he followed his father into Glasgow's police force. A committed officer, Mackay immigrated to Australia and in 1910 at the age of 25, joined the NSW Police Force. In 1936, William Mackay, as the new NSW Commissioner of Police, travelled overseas with a resolve of "reviewing the methods of combating crime".

In Norwich, England, he found a Police Boys' Club, giving young people the opportunity to overcome some of the disabilities of their challenging environment. In August 1937, with the help of the Rotary organisation, the Balmain Police Citizens Boys' Club was established.

Other states soon followed as the value of the clubs was recognised in Australian communities.

PCYC changed its name in 2005 to better represent the service provided to young people within Western Australia and the broader multi-cultural community.

The WA Police Force has played a prominent role through the years, identifying areas and families where young people are at risk of entering the judicial system. It is proven that positive intervention in the lives of young people has a far-reaching and long-term community impact.

Diversionary programs continue to grow and evolve as part of PCYC core business and corporate priorities. These include accredited training and alternate learning courses for young people disengaged from mainstream education.

A diverse range of recreational, diversionary and educational activities offers young people and young people-at-risk positive alternatives to engaging in crime and anti-social behaviour. Engagement of these kinds are cost-effective ways of approaching young people, reducing public costs over a lifespan.

PCYC means better school attendances, less crime by and to young people and more children and young people striving to be the best version of themselves while becoming more confident and socially capable.



SUMMARY OF THE YEAR 2017-2018

With over 300,000 visitations by Western Australian young people around the state, PCYC is engaging and changing communities. From recreational activities to intervention programs and learning and development courses, PCYC is changing the lives of ordinary Western Australians.

Whether it's a game of football in the outback, to teaching young people-at-risk basic cooking and community skills, PCYC works with the WA Police Force to create healthier, happier and safer communities.

Everybody is welcome.



- 313 EMPLOYEES**
- 382 VOLUNTEERS**
- 58 PROGRAMS**
- 9 YOUNG PEOPLE SAFE SPACE™ CENTRES**
- OVER 300,000 PARTICIPATIONS**
- 24 BLUE LIGHT YOUTH ACTIVITY CENTRES**
- 40+ RECREATIONAL ACTIVITIES**
- 17 POLICE RANGER UNITS**



community needs

Working closely with the WA Police Force, PCYC delivers aligned programs and activities throughout the state to meet current community needs.



OUR PROGRAMS

OUTCOMES-BASED
EFFICIENT
CONSISTENT
EVALUATIVE

consistency & efficiency

A consistent approach to program-naming and a methodology with thought-through objectives and post-program evaluation.

CORE PROGRAMS

In 2016-2017, programs were consolidated so that better focus could be on outcomes, making a significant difference in working with grant and sponsorship partners who now more readily appreciate the difference they are making in communities around Western Australia.

Work is continuously being done to improve service delivery, efficiency and effectiveness to achieve intended funding outcomes. The alignment of PCYC and WA Police Force intervention and crime reduction strategies will see further improvement.

This is an exciting time for PCYC as the organisation continues to not only *do* good work, but report on the results achieved over time.



WA PCYC safeSPACE™ programs are run at multiple centres, providing young people with a safe place to hang-out and participate in activities and to access youth workers and services.



Stepping Stones™ is a certified numeracy and literacy program for Year 11 and 12 students who are disengaged from mainstream education.



Ice Breakers WA PCYC® is a non-residential rehabilitation program, delivered in the Bunbury and Albany, supporting current and recovering crystal methamphetamine addicts with much success.



The Alternative Life Skills Centre in Broome delivered educational activities to young people as an alternative to mainstream education. ALSC merged into Certificate I Leadership late 2017 (pages 28-29).



The Drive to the Future™ program is delivered in partnership with the WA Police Force, providing young people, who otherwise would not have the opportunity, to obtain a motor vehicle licence.



Full Throttle™ is a diversionary program focusing on the restoration of damaged, dumped and donated bikes, engaging young people in a safe environment while they learn the benefits of volunteering.



Off the Rails™ is an intervention program that aims to reduce antisocial behaviour on train lines and in Perth City by providing young people with something to do on weekend nights.



Certificate I qualifications in Leadership, Automotive and Weld to Life® are certified programs teaching young people skills in a hands-on environment, helping them transition into further training or employment.

MINISTER'S FOREWORD



Hon Michelle Roberts
MLA BA, DipEd
Minister for Police; Road Safety

The State Government is delighted to support WA PCYC in its work to improve opportunities for Western Australian young people. Now, and for over seventy years, PCYC has provided important services to young people and contributed to developing safer communities.

Over the course of the last year, I have enjoyed visiting many centres, from Broome to Bunbury, and meeting the many dedicated staff tirelessly working to make a difference in a young person's life. It has also been fantastic to meet the many young people who benefit from their involvement with PCYC.

PCYC's strong partnership with Western Australia Police Force and local police is fundamental to the success and effectiveness

"Supporting Western Australian young people is an investment in our future ... PCYC changes lives."

of PCYC centres. PCYC welcomes all young people, many of whom develop into leaders at centres around the state. PCYC doors are open to young people from all cultures and backgrounds, including those at risk.

Supporting Western Australian young people is an investment in our future. Simply stated, PCYC changes lives.

As evidenced in its numerous projects and programs across the state, PCYC works tirelessly, upholding its vision and delivering lasting positive impact to improve the lives of Western Australian young people.

By encouraging young people to be active and develop their skills in leadership and life, together we can reduce crime and its impact, not just for today, but into the future.

PRESIDENT'S REPORT



Dr Sue Gordon AM
WA PCYC President

2017 closed with the departure of John (Jock) Gillespie after five years of service. Without Jock, our organisation would not have formalised procedures or achieved its many successes through to its 77th year. I thank him for his commitment to all that PCYC represents and serves in the community.

As always, our strength lies in working closely with WA Police Force, embracing our heritage and focusing on the legacy in communities we are privileged to be able to work with. Developing both government and police outcomes through justice re-investment approaches and programs contributing to community safety and value remains of the highest importance.

The support of the State Government, previous and present, is integral to the effective delivery of programs. To grow and continue to serve the diverse communities across the state, further support is needed.

"Helping young people reach their potential only happens when community comes together and strives to be the difference in their lives."

The strategic direction of the organisation remains the focal point of the Board, including Marketing, IT and Systems. Development and retention of high level skills enable PCYC to remain an effective tool in developing our young people.

We are acutely aware of the pressing need to be present in areas where young people and some families desperately seek support.

At times, this has the most impact through intervention by police and PCYC,

re-engaging them with the community and building self-esteem and respect. Helping young Western Australians reach their potential only happens when the community comes together and strives to be the difference in their lives.

The Board is proud of and congratulates the year's achievements by the PCYC family (staff and volunteers). We thank PCYC supporters, sponsors, Local Government Authorities and the community for their continued support and confidence.

CEO'S LETTER



David van Ooran
WA PCYC CEO

It is an honour to have been appointed as CEO of WA PCYC. As I review the 2017-2018 year, I recognise the hard work of the Board, Executive Management Team, WA Police Force, the PCYC team - including our tireless volunteers - and the communities who support PCYC.

In particular, I would like to thank John Gillespie for his outstanding service and legacy he left for the Western Australian community.

In 2017, we welcomed a new Commissioner of Police, Chris Dawson. Mr Dawson brings vast experience to policing the world's largest single police jurisdiction.

The future of PCYC relies on the foundation of a 77-year legacy of community, government and police investment. This is not just across infrastructure and buildings, but the continued investment in people, building community leaders through volunteering and developing engaging programs which excite and inspire our young people.

Pathways to success in the diverse communities PCYC serves span:

1. Young people crime intervention
2. Learning and development
3. Recreational activities
4. Mobile services to remote communities or those without PCYC infrastructures, such as Blue Light™ Youth Activities and Outreach™

These programs and activities proactively address the many issues the young people of today face, such as:

- Alcohol and substance abuse
- Employment issues
- Connection to culture for Indigenous people
- Boredom and lack of activities
- Lack of young people facilities, programs and services
- Education, training and opportunities
- Mental health and suicide issues

"The future of PCYC relies on the foundation of a 77-year legacy of community, government and police investment."

Working with local government, police, agencies and business is critical in addressing issues facing communities. Strategies range from building school holiday programs to encouraging training and employment in the local area.

The *Drive to the Future™* program, for example, enables young people to obtain the driver's licence they could ordinarily not attain. With a high percentage of occupations requiring this skill, providing that ability leads to a higher chance of employment, often breaking social welfare cycles.

Ice Breakers WA PCYC® in Albany has delivered significant outcomes as documented in this report, highlighting the need for identification of drug issues in communities and ways of not only promoting anti-drug messages, but enabling those who are caught in this endemic issue.

As the newly appointed CEO, I am keenly aware of the need for outcomes-based programs and services, as well as the commercial reality of building sustainable centres and mobile resources to reach the vast corners of our state.

Whether it is by continuing to deliver high-quality recreational activities engaging young people and empowering them or by continuing to believe in young people while working with police and government to intervene when needed, PCYC is fundamental to the prominent issues Western Australians face today.

The challenges are many. I am committed to further building the integral and significant role PCYC plays in the future of our children and young people.

Together, we will continue to change lives through inclusive and sustainable programs and activities that ultimately, build a safer and stronger community.

David van Ooran



MR GREG MEYEROWITZ



Patron - CHRIS DAWSON



President - Dr SUE GORDON AM



MR ALLEN NEWTON



MR GARY DREIBERGS



MR PAUL FERGUSON



MS DENISE CHEIR

CHRIS DAWSON
Patron & Commissioner of Police

Appointed as Commissioner of Police in August 2017, Mr Chris Dawson joined the Western Australia Police Force as a cadet in February 1976. He served continuously for 38 years in country and metropolitan positions across a range of portfolios. Appointed to the rank of superintendent in 1999, Mr Dawson became the inaugural principal of the WA Police Academy in Joondalup. He was awarded the Australian Police Medal for distinguished service in the 2002 Queen's Birthday Honours List.

Mr Dawson was appointed Deputy Commissioner under Karl O'Callaghan in 2004, leading an agency reform program resulting from outcomes from the Kennedy Royal Commission. He served for ten years.

In 2011, Mr Dawson headed up the biggest security operation in the history of the WA Police Force, as State Commander for the Commonwealth Heads of Government Meeting (CHOGM). He was responsible for the security of all attending Heads of State from 53 Commonwealth countries and their respective senior ministers and delegates.

Mr Dawson left the WA Police Force in 2014 to take up the role of Chief Executive Officer of the Australian Criminal Intelligence Commission, formerly the Australian Crime Commission. He has also served as Director of the Australian Institute of Criminology. This experience was a critical factor in his return to the WA Police Force.

Dr. SUE GORDON AM *WA PCYC President*

In 1986, Dr Sue Gordon was appointed as the Commissioner for Aboriginal Planning, becoming the first Aboriginal person to head a government department in Western Australia. In 1988 she was appointed as Magistrate in the Perth Children's Court, becoming the first Aboriginal Magistrate in the state's history.

Dr Gordon was appointed a Member of the Order of Australia (AM) for commitment to Aboriginal people and community affairs. She has been awarded a Centenary Medal and a Defence Service Medal.

Dr Gordon chairs a number of other boards, such as the Aboriginal Hostels Limited. She was a nominee in the 2016 Australian Financial Review and Westpac 100 Women of Influence Awards.

MR GREG MEYEROWITZ

Mr Meyerowitz retired as a partner in the international accounting firm EY in December 2017. With over 30 years professional experience as lead audit partner to some of Australia's leading listed and unlisted companies, Mr Meyerowitz has a detailed knowledge of corporate reporting and corporate governance responsibilities. Mr Meyerowitz holds a Bachelor of Commerce Degree and a Higher Diploma in Accountancy from the South African University of Witwatersrand. He is a Fellow of Chartered Accountants Australia and New Zealand and an associate member of the Financial Services Institute of Australasia and the Australian Institute of Company Directors. He is a director of West Australian Ballet.

MR ALLEN NEWTON

Mr Newton began working in journalism in 1972 for the Sunday Independent newspaper, later working for several media organisations in Perth. He has operated his own Marketing and Public Relations businesses and has worked as a marketing manager in Britain and the United States.

Mr Newton was responsible for the launch of The Sunday Times news website PerthNow in 2006. In 2011 he was appointed as Managing Editor for all of News Ltd's publishing platforms in Western Australia, including The Sunday Times and PerthNow. In 2013, he became Editor-in-Chief at Fairfax's WA Today News website. Mr Newton now operates Newton Ganska Communications, a public relations and marketing consultancy, in partnership with his wife.

MR GARY DREIBERGS
Deputy Commissioner (Operations)

Mr Dreiberger graduated from the WA Police Academy in 1985. His operational policing career has included work in both metropolitan and regional police stations.

Mr Dreiberger was promoted to Inspector in 2001 and Superintendent in 2004, responsible for the implementation and evaluation of key reform programs. He was later appointed as Metropolitan Regional Coordinator, responsible for the planning and command of major events.

Mr Dreiberger was promoted to Assistant Commissioner in 2008, responsible for all police training, education, academic development and workforce development activities. He has provided leadership ensuring effective delivery of police services to regional WA.

In December 2014, Mr Dreiberger was promoted to Deputy Commissioner and currently overseas WA Police Force Operations.

MR LYSLE CUBBAGE *Inspector*

Mr Cabbage has been a serving WA Police Force officer for 35 years, including 14 years as a Detective in Crime Intelligence and Major Fraud. As an Inspector, he oversaw the development of counter-terrorism initiatives and legislation, including the implementation of the Emergency Management Act 2005 and the Terrorism (Extraordinary Powers) Act 2005.

Inspector Cabbage has represented the WA Police Force on national committees and projects such as the Chemical Biological Radiological and Nuclear Policy Development Committee and the Regional Airports Forum.

He spent three years at the South West Police District and during this time served as President of Bunbury PCYC.

MR PAUL FERGUSON

Mr Ferguson retired from the WA Police Force in 2009 after completing 38 years' service and attaining his Commission. During this time, Mr Ferguson maintained a working knowledge of PCYC while administered by the Commissioner of Police.

Since retirement, Mr Ferguson has kept a close relationship with PCYC, completing a 15-month employment period as Operations Manager and a further nine months as Interim CEO while the immediate-past CEO was being selected, and again for three months in 2018 before David van Ooran's appointment.

Mr Ferguson is a permanent participant in PCYC meetings addressing operational management issues.

Mr Ferguson maintains a close working relationship with the current CEO, assisting many PCYC centre managers to work through the transitional process allowing the organisation to become professional and self-sustainable.

MS DENISE CHEIR *Non-executive director*

Originally from Guernsey in the British Channel Islands, Ms Cheir was Head of Consumer Marketing at Guernsey Tourism before moving to Perth.

For 12 years, she was General Manager Public Relations at Crown Resorts, assuming responsibility for External Communications, Media and Publicity, Issues and Crisis Management, Stakeholder Relations, Sponsorship, Corporate Affairs and Internal Communications.

Highly networked in the corporate and community sectors, she is an astute businesswoman and mentor, a broker of ideas and an experienced, mature and focused solutions based negotiator.

Ms Cheir is also a Board Member of Ronald McDonald House Charities WA and Variety WA.





WA POLICE FORCE & WA PCYC



PATRON CHRIS DAWSON
Commissioner of Police

"I am proud of our long history of partnership with WA PCYC and support its vision of We Change Lives."

As Police Commissioner, I am proud to partner with the Federation of West Australian Police and Community Youth Centres (WA PCYC) in its important work to engage with young people and divert them from a life of crime.

Research indicates that once a young person enters the justice system, they are more likely to re-offend- to the detriment of themselves, their families and the community. Reducing and preventing youth offending through the WA Police Force Youth Offending Strategy is one of my key areas of focus as Commissioner. Our partnership with WA PCYC in their provision of youth and community services is a key diversionary tactic in preventing young people from entering the justice system.

PCYC provides young people from all cultures and backgrounds with an inclusive safe space, and opportunities to participate in activities and programs to see hope and a better pathway, one that doesn't involve crime and disorder.

Our Youth Crime Intervention Officers have a presence in most PCYCs across the Perth metropolitan area and offer a bridge between police and young priority offenders, with an emphasis on addressing offending behaviour and promoting participation in intervention programs.

Over the past year, the WA Police Force and WA PCYC have continued operating nine Police Ranger Programs throughout the state, and further developed the program.

We have also commenced the Educational Delivered Information Commencement Training (EDICT), teaching life skills for at-risk juveniles already participating in the 5th Gear and Keys to Life programs.

Delivery of the HOPE Program over the last year has helped Indigenous youth 16 to 20 years through finishing school and gaining employment, and the Demolition Derby diversionary program targeted 10 to 16-year-old Indigenous males identified as youth-at-risk in developing positive behaviour, life skills and drug awareness.

Additionally, the Beyond the Game diversionary program utilised sport as a method of prevention offending in youth and comprised interaction with professional football clubs. Goals4Life- Certificate 1 in Leadership and Certificate 1 in Automotive Vocational Preparation- comprised participants referred from the WA Police Force, and provided further training while fostering behavioural change.

The provision of these programs is critical to enabling at-risk young people and families to build positive and resilient lives and contribute to community safety. Working together with WA PCYC and the wider community, we can intervene youth who are at risk and reduce crimes to and by young people.

I am proud of our long history of partnership with WA PCYC and support its vision of *We Change Lives*. Its presence moving forward is more important than ever for the safety and prosperity of our communities, and, together, I truly believe we can change many lives.



crime reduction & prevention

In 2017-2018 a critical focus was one of the key values of the organisation, our people: fostering compassionate and effective working relationships.

Our people are our most valuable asset. The staff and volunteers of PCYC are committed, talented and amazing. It is vital that the organisation continue to invest in and support the team and closely monitor employee engagement.

Helping promote employee engagement and job satisfaction was integral to the year's activities, ensuring our people feel valued, acknowledged and supported. To help

achieve this, a survey was conducted in September 2017 to evaluate the level of fulfilment and satisfaction people felt within their role.

The results from the survey were constructive and positive with a high number agreeing they have a clear sense of direction, know what's expected from their role and are genuinely happy with their performance. An outstanding 97% of core staff believed their work was truly meaningful, indicating dedication and adoption of the PCYC values and its vision to change lives. Most importantly there was an exceptional 93% of staff who were satisfied with their role.

PCYC aims for continuous improvement and focus on employee well-being, ensuring they feel supported during stressful and challenging times.

Subsequently, a Work-Well day was organised for core staff to participate in activities to help improve engagement, promote team building and employee well-being.

Understanding the clientele our people engage with day to day, the PCYC leadership team promoted communication and team-bonding skills, with the majority thoroughly enjoying the experience.



They fill my Mondays with joy. I love hanging out with them. Chatting, arts and crafts, excursions and the gardening project ...

Esther - Volunteer Youth Worker - Fremantle PCYC

A Volunteer's Story

Volunteers are integral to the success of PCYC. Kristy Milne at Collie PCYC exemplifies how volunteering brings personal satisfaction.

Kristy became involved with Collie PCYC in 2016 when her three children began gymnastics. A long drive into town to watch them train prompted her to volunteer as a coach and lend a helping hand.

One day, her life circumstances changed and Kristy needed work but she hadn't held a job in 11 years. Centre Manager Linda Gallagher asked if she knew anything about Administration - her previous assistant had just resigned. It turns out, she did.

Kristy's hours volunteering as a gymnastics coach paid off! Linda already knew her work ethic and commitment to the young people and PCYC, and had no reservations putting her forward.

Kristy got the job, giving her increased insight into all PCYC do, making her more determined and passionate about Collie's centre. She completed additional gymnastic training to become an intermediate supervisor and is finishing advanced qualifications.

Kristy is also a qualified Free G (parkour) coach and volunteers for the Friday night Street Gym program, assisting on the more structured Wednesday night sessions. She also provides many hours to the Safe SPACE™ program.

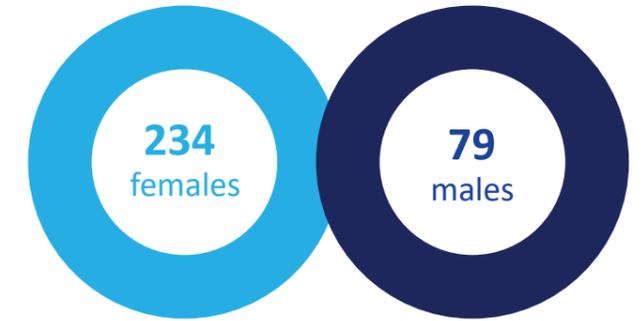
When not working in administration, Kristy's volunteering continues in developing lesson plans for gymnastics or Street Gym, researching ideas for school holiday programs or looking for grant funding opportunities. And if there's fundraising to be done, Kristy is organising it, volunteering hours to see it through to the end.

With over 380 volunteers like Kristy, PCYC in Western Australia keeps going from strength to strength, changing lives forever.

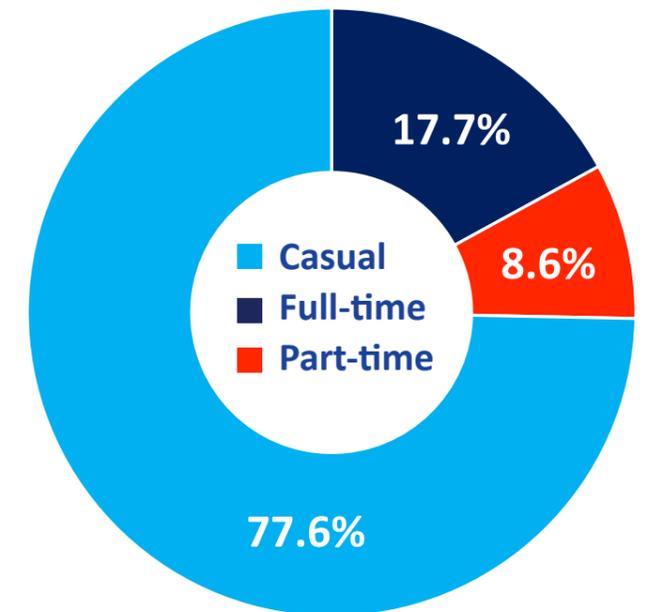
It's people like Kristy who make Collie PCYC the amazing, vibrant and positive place it is today.

Linda Gallagher - Centre Manager, Collie PCYC

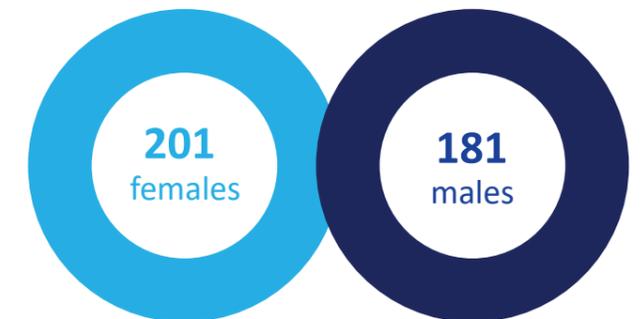
313 employees



97% BELIEVE WORK'S MEANINGFUL **CORE STAFF** **93% SATISFIED WITH THEIR ROLE**



382 volunteers



PCYC in Western Australia is unique, covering a state one third the size of Australia, from the red dust of Broome in the north to Albany in the south. In between lays the metropolitan area of Perth and surrounds.

There is no uniform approach to engagement and intervention across the regions PCYC covers.

The development of core programs must allow for adaptation to suit cultural, logistical and regional needs while serving the purpose for which they are created.

The North

There are five centres in the north. The distance from the most southern, Geraldton, to the far north in Broome, stretches nearly 2,000km. In between lies Roebourne, Exmouth and Carnarvon.

The South

The large township of Bunbury is just two hours from Perth and is home to a large centre. To its east is Collie, and further again centrally south, is the mining town of Kalgoorlie. Albany is the most southern township PCYC supports.

Central

There are seven metro centres: Fremantle, Gosnells, Kensington, Midland, Rockingham, Serpentine and Subiaco. A mobile resource, PCYC Outreach™, services locations outside these areas. Northam is 100km to the east of Perth.

Better Things To Do

PCYC Mobile Outreach™ delivered the *Better Things to Do* project as part of a grant agreement between PCYC and The Department of Communities in late 2017 in the north-west metropolitan area.

It was developed based on needs of the community, young people and schools. Inclusive in the program were youth-at-risk, students at Butler College and Yanchep District High School across targeted programs.

These included Full Throttle™ (see page 31) and the engagement of Paris Mitchell, motivational speaker, to address the high school students. Boxing and BMX biking added to a full program that reached over 600 young people, many of whom were deemed at-risk.

Program Coordinator, Christine Howard, said of the initiative: "The project has undertaken comprehensive consultation to identify the extent of the need in the region, current service delivery gaps and 'hot spots', where intervention is required for young people-at-risk aged 13 to 17."

This was an opportunity for PCYC to consult with stakeholders to implement PCYC Outreach™ and deliver educational programs and activities.

The need for intervention across not only programs, but providing positive role models, was evidenced in feedback from the young people immediately after, and then surprisingly with one student, some three months later.

'J' via Facebook wrote:

"... you really triggered something. I got into drugs when I was young and got caught up with the wrong people. We started committing crimes like burglary and home invasions ... I still smoked until today, when you said what it's like inside [jail] and the effects drugs have on you. I have now entered a rehab session and am currently getting help ... You were a big part of me changing my life."

Three months later, he wrote:

"I've been clean since I sent you the first message and I've got a mechanics apprenticeship ... I have started talking to mum and dad again."

From a cerebral palsy sufferer:

"... You taught me something to succeed in life. I get down all the time because I have cerebral palsy ..."

From 'M':

"I think it was life-changing the way you put your words ... it really made me think about my choices that I make today."

And from another student:

"I just thought I'd tell you that I've thought about what you said and I've made a decision about what I want to do and achieve ... hopefully I'll be one of those people you said will be happy and successful in life."

And finally, 'C':

"It made me feel great [because] there are other [people] that know how I feel and have been where I am."

engaging communities across the state



"We had a bumper year for football – over 170 kids playing! Our local school has 450 students from kindy to Year 12, so this is remarkable community engagement!"

Lauren Rampling - Centre Manager Exmouth PCYC

providing positive lifestyle alternatives



BLUE LIGHT™ YOUTH ACTIVITIES

Since amalgamation with PCYC in 2006, Blue Light™ Youth Activities have reached thousands of young people across Western Australia, providing them with positive lifestyle alternatives. Importantly, environments that are free from anti-social behaviour, intimidation, drugs and alcohol give young people the opportunity to interact regularly and positively.

2017 saw a steady increase in the number of Blue Light™ Youth Activity units, particularly in remote areas of WA. Statewide there are now 24 units, with more remote locations expressing interest in setting up a Blue Light™ Youth Activity unit.

Activities rolled out across the state at well-established units in Boddington, Boyup Brook, Derby, Dowerin, Dwellingup, Halls Creek, Gingin, Karratha, Kambalda, Kellerberrin, Kojonup/Katanning, Laverton, Meekatharra, Newman, Nullagine, and Onslow, Pingelly, South Hedland and Wyndham.

New units were established in Carnamah, Mt Magnet, Northampton and Narrogin.

In an effort to reach more into the rural communities, Mobile Blue Light™ Discos engaged Indigenous communities such as Jigalong and Pannawonica.

Not just about discos

While many units continue with the traditional disco, some took on a new twist such as: PJ parties, Halloween discos, superhero/villain parties and World Cup themes.

Other units introduced more contemporary activities such as Laser Tag, movie nights, games nights, bingo nights and pool parties, to name a few.

Blue Light™ International

The partnership with Blue Light™ International was strengthened with two delegates attending the International Young People Conference hosted in Suva, Fiji, 18-21 October 2017.

It was a fantastic opportunity to have Fiji host their first International Conference, well-attended by many Australian and New Zealand Blue Light™ and PCYC delegates.

The Pacific location enabled many smaller islands within the region to attend, including police from the Cook Islands, Samoa, Niue and Tonga.

The conference was officially opened with a traditional kava drinking ceremony to welcome the delegates.

The focus of the conference was “Sharing young people programs and best practice internationally”, highlighting we are all challenged with the same issues: cyber-safety, social media and anti-social behaviour.

Presentations were aimed at prevention, building resilience with young people and addressing pressing issues of family violence.

The conference was closed with a traditional dance ceremony and heartfelt thank you to all delegates for attending and sharing culture, knowledge and programs to enrich the lives of the young people Blue Light™ around the world deals with on a daily basis.

Blue Light™ Youth Activities provide an ideal opportunity to enhance relationships between young people and the WA Police Force, enhancing the engagement programs that PCYC deliver.





POLICE RANGERS



Police Rangers is a Cadets WA program funded by the Department of Local Government, Sport and Cultural Industries, managed by PCYC and since late 2017, Sergeant Rob Coales of WA Police Force.

Open to secondary students aged 12 years and over, the adventure-based development program aims to increase self-confidence, leadership ability, team-building skills and self-esteem through structured learning and development opportunities.

Being involved with the Police Rangers is a chance to have serious fun while learning new skills and gaining valuable experience. Police Rangers learn first aid and other emergency skills and take part in bushcraft, survival procedures, abseiling, climbing, exploring, orienteering, drill techniques, archery, bushwalking, camping and much more.

Meetings are held during school terms.

2017-2018 saw a new Police Ranger Unit commence at Geraldton PCYC, however, Kensington PCYC closed at the end of 2017.

Police Rangers once again participated in several community events such as the ANZAC Day Parade and the WA Day Flag Raising Ceremony at Government House.

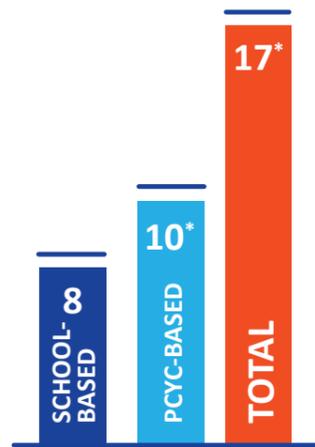
Following recognition that the coordination and delivery of Police Rangers at schools and centres across the state lacked direction, cohesion and consistency in training,

delivery and approach, Sergeant Coales was appointed to coordinate the program.

Enrolment figures vary from semester to semester.

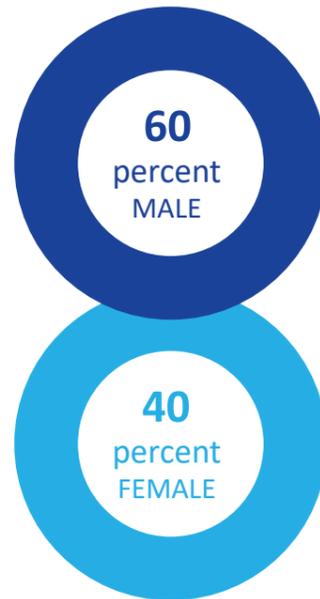
For the full year, there were 133 female and 199 male enrolments. Of these, 32 were Aboriginal or Torres Strait Islanders and 46 were disability enrolments.

61 instructors participated during the full year. (30 and 31 per semester.)



Police Ranger Units

* Reduced to nine PCYC-based in January 2018



10%
ABORIGINAL/
TORRES STRAIT
ISLANDER
ENROLMENTS[^]

14% DISABILITY
ENROLMENTS[^]

[^]PCYC-BASED

building self-esteem & leadership skills



safeSPACE™ was created to provide crime prevention strategies in several PCYC Centres. The success has been resounding.

The support from the business community, shires and agencies working with young people demonstrates the level of importance placed on engaging at-risk-youth at a local level. Indeed, communities working together for a common goal of safety and strength has delivered more positive outcomes than can be reported.

Successful programs are heavily dependent on community and agency funding. Over \$1.6 million was provided in grants across several centres (see table).

The program runs in nine centres across the state, from Broome to Albany and over to Kalgoorlie.

Their importance is demonstrated in the following four case studies.

Geraldton PCYC

Nearing the end of 2017, the Geraldton community was experiencing a large amount of unsupervised young people in the CBD on Thursday late-night-shopping evenings. Some young people were engaging in anti-social behaviour, fighting, theft and property damage to buildings and local businesses.

Working with the WA Police Force, MEEDAC, City of Greater Geraldton, GRAMS, Geraldton Aboriginal Sporting Corporation and Ngala, Geraldton PCYC developed the safeSPACE™ program. The results were almost immediate.

By June 2018, attendance had hit highs of nearly 130 young people, including eight or so young offenders. 92% were Aboriginal with a gender balance of 63% male, 37% female.

The 25-week period to July 2018 statistics reported a total across all programs of 2,543 attendances.

Police have had a significant reduction in issues in the CBD on a Thursday night since the second week of commencement.

Notably, program attendance for teenage females is the highest of any young person program in Geraldton.

Relationships between young people and the community have shifted dramatically.

Behavioural improvements have been observed. Young people are attending on a regular basis to 'hang out', placing them in a secure environment that decreases the risk of offending, crime against them and encouraging positive, active behaviours.

Collie PCYC

Funding for the program commenced in 2014 from the Department of Communities, Child Protection & Family Support, and is secured through to 2019.

Attendances are tracking to reach 5,000 by the end of 2018, rapidly growing from 2,792 in 2016, a 79% increase. This is a remarkable result given that young people choose to attend. Eight came from interventional programs.

One of the biggest issues in Collie has been lack of food, which led to the inception of "Project Kitchen", feeding over 20 young people twice a week and up to 70 on a Friday night.

There is a good mix of males and females, well over 40% females and rising. Success has been found in children aged 10 to 12 years, with feedback from police and local schools that attitudes and behaviours are improving. The program rules are written by the young people at the beginning of the year, which Centre Manager Linda Gallagher notes is working. For example, one young person was able to self-identify inappropriate behaviour, taking time away from the centre until he could return with a positive attitude.

Fremantle PCYC

Every afternoon at three, every safeSPACE™ day, young people are at the front of the centre eagerly waiting to go in. Funding has come mainly from the Department of Social Services and WA Police Force. There is no other program run like this in the Fremantle area, making it an essential service for 80 or so young people who attend Monday to Thursday, with a daily average of 25 attendees.

Around 15 young offenders regularly attend, Fremantle PCYC providing a safe environment in which they can participate in structured activities, get clothing if needed and a decent meal.

In this period, 66% identified as Aboriginal. Walyalup Workshops were included to address many of the challenges Aboriginal young people concerning health and well-being. Challenges such as domestic violence, substance abuse and poverty are a reality for many. A total of 40 workshops began in 2017.

Creating a stronger connection between young people and Aboriginal culture remains a focus of the Fremantle PCYC.

CENTRE	FUNDING AGENCY	AMOUNT
Albany	Rio Tinto	\$9,750
	City of Albany	\$25,000
	Amity Health	\$11,316
Broome	WA Police Force	\$107,678
Collie	Dpt of Communities, Child Protection & Family Support	\$138,428
	Bendigo Bank	\$4,545
	Coalminer's Welfare Board	\$15,000
Fremantle	City of Fremantle	\$5,250
	Dpt of Social Services	\$225,339
	WA Police Force	\$100,000
	Fremantle Foundation	\$15,000
Geraldton	WA Police Force	\$24,394
Kalgoorlie	Dpt of Prime Minister & Cabinet	\$843,574
Roebourne	City of Karratha	\$25,011
	Dpt of Communities	\$80,000
TOTAL (Ex GST)		\$1,630,285

Kalgoorlie PCYC

There were 1822 attendances. With the addition of four new staff, there was a 98% increase in numbers in a six-week period. Important for the area, there was 94% Aboriginal participation.

Centre Manager Brian Enad said, "The kids showing promise in parkour and leadership skills were given scholarships to our parkour program. This brought a tear to their parents' eyes and much happiness to some boys who were assessed to go straight into intermediate classes."

Creating a stronger connection between young people and Aboriginal culture remains a focus of Fremantle PCYC.

Through funding, they have received buses and in 2018-2019, will be able to run classes four times a week.

The NAIDOC Family day helped raise \$17,000 to run the event but more

importantly, helped repair the relationships between Police and the local Aboriginal Community following the Kalgoorlie riot.

The centre has focused on Aboriginal cultural programs such as dancing and basket weaving, along with fun activities like Hip Hop and face painting.

Critical health assessments balance the packed safeSPACE™ agenda, which will grow in 2018-2019 with generous grants focused on building a safer, happier and healthier Kalgoorlie community.

"As a result of safeSpace™ in Geraldton, police now have a dramatic decrease in call-outs on a Thursday night, down from up to 10 a week."

Talya Quinn - Centre Manager Geraldton PCYC



Image: Roebourne evening Safe Space™



ICE BREAKERS WA PCYC®

Ice Breakers WA PCYC® addresses issues of meth-addiction (ice) in regional areas. The program has run in Albany since March 2015. It began in Bunbury in 2017, reduced since due to lack of funding.

The damage caused by ice is grim. Those living in rural areas are four times more likely to have a meth problem than those living in Perth.

Key WA facts

An increasing number of women aged between 35-38 use ice.

Not all meth is equal. The most powerful version is more prolific in rural areas.

Usage is widespread amongst rural-based FIFO workers.

Ice has become a key player in assisting FIFOs in the mining industry workers by-pass strict drug-testing rules.

Street-level services report that the male ice addict is now likely to be closer to 40-years than 30.

There is a lack of services in rural areas to deal with the fallout of domestic violence, crime against property, child protection issues and other social issues.

A proactive reaction

Local member Peter Watson MLA was instrumental in influencing the allocation of \$360,000 by the Western Australian government for a two-year Ice Breakers trial in Albany.

Margaret Gordon, who worked in WA prison's Clinical Behavioural

Change Programs as a facilitator, is the coordinator of the program with a vision for a program teaching participants tools for change. Developed to run over 12 weeks on two afternoons a week with sessions for families and loved ones, they learn how to support sons, daughters or partners.

16 program participants have been clean for three years and were able to return to the workforce.

Innocent bystanders

An ABC analysis found in the seven years since ice use started to increase, the number of children in out-of-home care in Australia has climbed by about 33.5 per cent.

Ice Breakers WA PCYC® focuses on reuniting families so that they proactively remain and work with their loved ones, particularly children.

Molly's story

Molly fell in with the wrong crowd in a country town and progressed from a happy countrywoman, to smoking a bit of pot, to being completely out of control and a young mum gripped by Ice.

Molly admits to a string of unwise relationships with older men, spiraling her self-worth downwards.

One day after what she calls 'a bender' she fell critically ill at her mother's home.

A week later she awoke from a coma in ICU Fiona Stanley hospital. This could easily have been a tragic death in front of her children, innocent victims of Ice.

This was a turning point for Molly. Her family and children became catalysts for change. Molly moved to Albany with her children and joined the Ice Breakers program.

As her self-confidence grew, Molly gained strength from the support base. Molly is now employed in the program assisting the others gripped by Ice and walks with them through the journey to being drug-free.

On-going funding is required to ensure that those who are faced with the epidemic of ice have support systems to help them find a way out, and in turn, stop the destructive cycle that Ice inevitably begins in our communities.

PCYC, working with Western Australian police and government departments, provides valuable programs with tangible outcomes.

Molly's story is not in isolation, and together, more positive results like hers are possible.



Individuals
159
attended
274 times



Family
members
115
attended
52 sessions
190 times

All family members now working proactively with their loved ones

5 completed facilitator training

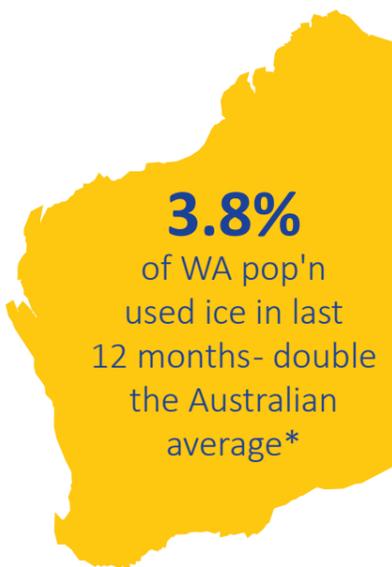
OVER 100 GROUPS HELD

640
attendances

130+ participants in Stage I

Program approved by Department of Justice as acceptable for prison delivery

MOVED INTO MAINTENANCE STAGE OF RECOVERY **64**



Photographs courtesy PerthNow

More than 33,700 young people aged 10 to 16 years live with parents who rely on welfare. It is expected over 330,000 young Australians will join Centrelink before the age of 25.

PCYC offers learning and development programs, the core focus providing grounding for young people to develop skills that assist personal growth and improve opportunities for employment.

PCYC tackle these core community and young people issues in the following ways.

Goals 4 Life™ Programs

Goals 4 Life™ programs include: Weld to Life® (Certificate I Metals and Engineering), Certificate I in Leadership and Certificate I in Automotive Vocational Preparation.

PCYC programs assist in gaining entry to TAFE, further training or apprenticeships.

Alternative Learning

Stepping Stones™ is a basic numeracy and literacy program for Year 11 and 12 students who are disengaged from mainstream education. In partnership with The Department of Education, Centacare and Max Solutions, it's designed for behaviour change and modification. The learning environment is adapted to suit the unique and individual needs of students.

Certificate I Leadership

Certificate I in Leadership is a 12-week course conducted at Kensington, Midland, Rockingham, Broome & Bunbury PCYCs.

Kiara's story

Kiara Davies is an 18-year-old from Armadale who attended and enrolled in the Automotive Vocational Certificate I course conducted at Kensington PCYC.

Kiara was looking for a clean start in her life following much family trauma in her young life.

A good working relationship between Kensington PCYC and the Calvary Young People Services gave Kiara a sponsorship to attend the six weeks Automotive training course.

The Automotive trainer Robert Hardy said of Kiara: "You see the young people improve slowly throughout the course but in the case of Kiara, her dedication and willingness to learn and to take part in all of the training was really great and is a credit to her". Kiara received the *Bright Star Award* as the top student.

Kiara's new "can do" attitude led to her being offered a young person mentor volunteer role at the centre. She has plans to enrol in a leadership course soon.

Kiara is working with a trainer at the centre to upgrade her fitness skills after setting her sights on a career in the defence forces.

Consisting of nine modules, some of the modules are:

Team Building - helping the young people work together while developing self-esteem;

Volunteering - young people assist at their local centre or community service groups;

Course project – allows young people to design and implement a project to help members in local sporting groups or supporting people in need, such as sleeping bags for the homeless in Rockingham;

First Aid - assists young people with future employment;

Resume writing - aids future employment and training opportunities.

Certificate I Automotive

A six-week course conducted at Kensington and Midland PCYCs, consisting of eight modules providing an introduction to the automotive industry including:

Auto Work Place Safety - provides OHS safety requirements within the industry;

Servicing of motor vehicles - teaching the correct and safe way to work on a motor vehicle.

Training support

This training could not succeed without:

- The Department of Education, supporting Stepping Stones™ at PCYCs in Gosnells, Midland & Northam and Weld to Life® at PCYC Rockingham;
- Centacare and Max Solutions, supporting and providing a teacher for the Stepping Stones™ programs at Gosnells & Midland PCYCs; and
- WA Police Force, providing officers supporting L&D programs at PCYC centres.



Broome PCYC - Certificate I Leadership

Previously under the Alternative Life Skills Centre (ALSC) banner, this certificate is offered to young people who are disengaged from traditional schooling pathways and struggling to realise a future. Vim and Billy run the program, taking on a group of young people 15-25-years. Basic life skills and accredited training are gained, in addition to topics covering mental health and drug and alcohol abuse. But most importantly, they are offered opportunities to discover individual passions.

Some of the students haven't been at school since primary school and struggle with classroom-related work but suddenly, according to Jake Raina, ALSC Coordinator, they "come alive when put in front of a vehicle or given the chance to create in the kitchen." The addition of a small catering business at the centre has hugely contributed to changing lives.

Jake adds, "All our team see these sparks in the students and explain that there are careers in these passions. Students are shown it's possible to create their own future."

One PCYC volunteer commented, "PCYC brought me up, that's why I'm happy to help."

Another student, initially on an attendance order, now turns up voluntarily. When asked why he was still coming, he said, "I guess it's been having good people talking with me properly and I can get away from all the (issues) at home."

One of the original students recently took up an employed position as a mentor for a group of attendees. He said of his new responsibilities, "I'm not nervous about this anymore, we have done it once already so now we can do it easily."

Jeremy - Weld to Life®

Graduate Jeremy is 18 and completed Year 12, but when he asked his mum if he could go to TAFE, she said, "Son, I just don't have the money. See what other opportunities you can find."

Jeremy trawled the Internet and came across Weld to Life®, a PCYC program helping young people gain a valuable certification when they otherwise may not be able. After back and forth chats on Messenger to the Rockingham PCYC Facebook page, Jeremy was convinced to enrol him when Jeremy pledged, "Give me a chance. I won't let you down."

And he didn't. He missed the first day because his mum had to travel to Joondalup for urgent eye treatment and needed him there. But faithfully, he attended every single session after that.

Receiving this certificate was a milestone for Jeremy. He said with a smile:

"It's changed my life."

Immigrating from New Zealand four years ago, as a young Maori, his mum taught him to always look for and take opportunities.

His dedication to Weld to Life®, which is also part of WOW – Certificate I Wider Opportunities for Work – has paid off two-fold.

With a driver's licence and basic skills, Jeremy has the opportunity to pursue what many young people strive for - a contributory place in the community.

Life skills programs are integral to helping young people make alternative positive life choices while enhancing self-esteem. Engaging in learning and diversionary activities is available for all young people, but particularly youth-at-risk. These programs truly do change lives and involve communities in building safer, happier and healthier foundations.

The 2017-2018 programs in focus were:



In 2013, fewer than half of all eligible Aboriginal and Torres Strait Islander people held a driver's licence compared with 70% of the non-Indigenous population. Driving while unlicensed can lead to getting into trouble with the law and further offences.

Attaining a licence today is far lengthier and costly than many Australians remember. There is not just the cost of a car, nor the hours required before obtaining a provisional licence, but the petrol, training and access to roadworthy vehicles. To not have a licence in Western Australia can lead to unemployment, fewer job opportunities and in remote areas, the inability to commute for social or cultural reasons.

Drive to the Future™ gives Prolific and Priority Offenders (PPOs) the opportunity to attain a licence and break the cycle.

Delivered by a WA Police Force Youth Crime Intervention Officer and partly funded by WA



Police Force, young people-at-risk are the primary recipients of this life-changing program.

A measurable example of the program's success is that before its commencement, 266 criminal offences were committed by participants. While engaged in the program, criminal offences were reduced to just 21, a 93% reduction in crime by this group.

Applying WA policing statistics at that time, if \$2,280 per offence was allocated, this represents a saving to the government in crime prevention of \$558,600.

The program not only focuses on the core skills of driving but aims to have a positive impact on attitudes and behaviours of the young people who attend.

In particular, the program helps reduce and prevent criminal activity by enhancing employment or apprenticeship opportunities and improving the psychological well being of participants.

Avon Valley Toyota donated a Toyota Yarris (pictured) for the program to Northam PCYC and the Northam Clontarf Academy.

Keys for Life™

Keys for Life™ assists young people in gaining a Learner's Permit while incorporating defensive driving skills. On completion of the course, participants are issued with a Keys for Life™ certificate to present to the Department of Transport. They are then issued with a Learner's Permit.

Aimed at young offenders over 15-years, it helps create behavioural change and a reduction in traffic-related offences, enabling young people to make positive life changes.

Delivered at Albany PCYC, Keys for Life™ was developed to encourage positive road user attitudes in young people. Participants sit a legitimate Learner's Permit Theory Test at the centre rather than at a licensing centre.



FULL THROTTLE



Project Full Throttle™ is a bike rebuilding diversionary program, engaging young people and young people-at-risk from 12 to 18 years.

They are taught bike maintenance and repairs. Once the bike is restored to a roadworthy condition, it's donated to charitable organisations or families in need.

The program's ethos is to teach young people the value and importance of volunteering and giving back to the community.

The program engages young people by providing a safe and controlled environment to learn new skills. It increases self-confidence and self-esteem along with other life skills, such as budgeting, healthy eating, and social skills. Participants learn to appreciate the consequences of actions, aiding in helping make positive life choices.

Full Throttle™ is delivered at Gosnells PCYC and was piloted at Geraldton and Northam PCYCs.

Off the Rails™ is an intervention program aimed at reducing antisocial behaviour on train lines and in Perth City, providing young people 10-18-years with an activity Friday and Saturday nights.

The program focuses on helping at-risk youths build confidence and social skills and is important in helping guide them towards a brighter future.

At Gosnells PCYC on Friday evenings, qualified youth workers provide participants with transport to the centre.

The program was able to extend to Armadale as part of PCYC Outreach thanks to the office of Dr Tony Buti (MP for Armadale) which put forward a commitment to Gosnells PCYC of \$110,000.

Suspended early 2018, it is to be reinstated at the end of the year.



Better Things To Do

In the second half of 2017, PCYC Mobile Outreach™ engaged around 15 at-risk young people in the Full Throttle™ program at the Salvation Army premises in Merriwa. PCYC partnered with Alta-1 College.

Aged between 12 and 17 years, they restored two bikes each, one of which was donated back into the community, the other which they kept.

Mentoring was provided during the program. PCYC Coordinator Chrissy Howard noted that the young people were largely disengaging and presenting with a multitude of issues.

The core objectives were to teach positive social behaviours, interactions and attitudes by showing them the value of volunteering and giving back to the community.

Ross Hack, a teacher on the program from Alta-1, wrote of the contribution by Christine and PCYC Outreach™ Coordinator Andy Marsh:

"I am very thankful for their amazing efforts in engaging our struggling students. We need all the help we can get to refocus the wayward children in our community, and these guys are certainly doing their part."

Student 'T' wrote: *"The bike program [Full Throttle] was awesome. The people were amazing and funny, and it was great for all of us to come together ... can't wait for next term."*

reaching unimagined heights



PCYC MOBILE RESOURCES

Given the size of Western Australia, it's not always possible to have a centre where needed. Many young people-at-risk are unable to find their way to PCYC centres, so PCYC established a way to find them. These include a Fun Truck and buses, PCYC Outreach™ and climbing wall.

The Outreach team offers services to individuals and communities that may not have access to centre facilities.

Operating in partnership with local government, social agencies, schools and community groups, activities, programs and young people spaces that meet the needs of the youth in their local area are regularly provided. This engages young people in community life, gives them access to resources, and aids in pursuing interests and developing skills.

The team consists of qualified youth workers delivering after school services for young people throughout the school term and school holidays.

PCYC Outreach™ regularly provides a wide range of activities and educational resources for young people in metropolitan and regional areas. Sessions provide a safe environment for team sports such as AFL, soccer and basketball, activities such as BMX riding/ramps, scooters, tug of war, sumo suits, table tennis and other recreational activities.

Many participants are regulars, with a large number deemed at-risk. Youth workers trained to address issues that may surface, deliver appropriate activities and resources as a form of early intervention.



The PCYC Outreach™ bus and Fun Truck are sent to designated areas labelled as 'trouble hot-spots' or that have a history of anti-social behaviour. The area is selected using information provided by funding bodies, WA Police Force, and local businesses, young people and parents.

There were 83 sessions delivered, including Full Throttle™ sessions.

PCYC Outreach™ also delivered seven holiday programs.

There is significant scope to expand the services offered and reach and change thousands more lives in the year ahead.



2016-2017
753

young people seen
by PCYC Outreach™

2017-2018
1,326

young people
reached



developing gymnasts
pursuing goals &
dreams

Gymnastics continues to provide a safe, affordable sporting opportunity for many young people across WA, growing in 2017-2018 to over 1800 members in 10 PCYC locations.

Gymnastics WA has well documented the importance of gymnastics: *Childhood obesity, mental illness and the subsequent impacts on population health are all placing significant stress on the national economy. Recent estimates have these costs at \$13.8 billion per year with healthcare, premature mortality and low productivity being at the heart of the problem.*

Health expenditure in the last 25 years has outgrown the national rate of inflation.

By keeping young people active, PCYC encourages participation, mental and physical health and fitness and the opportunity to grow and even develop a career.

Julie Gorman, PCYC Gymnastics Area Manager explains, "The wonderful thing about PCYC gymnastics programs is the

opportunities presented for many young athletes, allowing them to participate on a social level at their local centre, participate in various competitions or more competitively through to state and national levels. Apart from the numerous well-being and health benefits, it brings opportunity for travel and employment pathways within PCYC, whether as a volunteer or

career, as PCYC Head Coach Fiona Hearn has done!"

By mid-2018, record numbers of PCYC gymnasts were entering competitions, with 422 gymnasts attending Badge Testing and 550 competing at Regionals. This included over 200 competitors travelling to Kalgoorlie.

In November 2017, a combined PCYC Gymnastics team of 31 gymnasts from Bunbury, Fremantle and Kensington travelled to Singapore for the Prime Gymnastics International Invitational. The girls brought home 3 Team trophies and a swag of individual medals, including first All Around for Level 3 & 4!

In May 2018, ten PCYC gymnasts competed at the GWA State Championships. Aria Cammarano became the National Level 7 Senior State Champion and Jaynie Kinnell the National Level 8 Runner-up Junior State Champion, also qualifying as a member of the WA State Team, travelling to the Australian Gymnastics Championships in June.

Georgia Costa was selected as a member of the WA Border Challenge Team for National Level 8, travelling to Caloundra, Queensland where the Level 8 team placed third.

In addition to career paths, many PCYC young people volunteer and help run events, also assisting with canteen and fundraising, providing them with invaluable experience and a sense of community.

PCYC gymnastic clubs in WA play an important role in helping to fulfill this vision by providing over 1800 children with the opportunity to develop their gymnastic skills not just on the competition floor but in all walks of life, through the dedication of the gymnasts, coaches and parents. The PCYC clubs play a pivotal role in developing gymnasts to pursue their goals and dreams while impressing upon them the importance of resilience, commitment, hard work and enjoyment.

GYMNASTICS WA



Boxing, an international sport, is practiced all over the country. It is also one of the major events in the Commonwealth Games.

Boxing helps develop balanced individuals. Self-control, self-discipline and pride are fundamental to the sport. It can help turn youth-at-risk into engaged community participants.

Boxing and Box Fit has become a popular fitness trend but also presents as an ideal opportunity to instil discipline and pride in Western Australian young people.

PCYC has built and redeveloped boxing equipment in three centres including Fremantle, which received funding from Lotterywest in 2017-2018. Their new boxing ring is scheduled for installation in July 2018, as is one at Northam PCYC.

Kensington PCYC has a new boxing program with equipment.

With over \$25,000 worth of boxing equipment in centres, PCYC is developing boxing programs for all ages.

Coaching plays an important role in the sport. It's a critical component ensuring the participant experiences a positive learning experience. PCYC requires all coaches be accredited

at the appropriate level and continue to develop themselves throughout their coaching participation.

In the 2017-2018 year, PCYC began to cement goals for the years ahead, recognising that boxing plays an enormous part in developing self-respect and respect for others, as well as setting personal goals that establish a strong vision for a better future.

Boxing helps develop balanced individuals. Self-control, self-discipline and pride are fundamental to the sport. It can help turn youth-at-risk into engaged community participants.

PCYC is working alongside other WA boxing organisations to minimise duplication and identify

opportunities for joint venture activities.

Next year, staff and volunteers and eager participants aim to host their first Fight Night.

Kensington PCYC snapshot

Kensington PCYC received equipment funded in 2017-2018 in July 2018, receiving a range of boxing gloves, focus pads, kick shields and boxing bags. They are now able to run several programs, such as:

- **Kid's Boxing** (ages 5-10)
- **Boxing Fit** (ages 10+)
- **Ladies Self-Defence**, helping a wide range of women help build confidence with some self-defence skills and inspirational advice from female guest speakers

Volunteer Braden West grew up in Northam PCYC and volunteered for the school holiday programs. He started boxing in Northam PCYC and hopes to qualify as a boxing coach.



**discipline, control
& pride respect for
self & others**

experience & reach beyond your dreams



WINNER
EMT AWARD
2017

PCYC MORNINGTON ADVENTURE CAMP

Camp Mornington combines fun and education in a beautiful and relaxing environment. Activities are designed to challenge and engage participants, allowing them to explore their abilities and reach beyond their dreams.

Rich in history, Mornington was once a wood-mill town, closing around 1968. Past residents still visit the camp's 117 hectares of tranquil bushland.

Each year and growing, over 13,000 visitors experienced the joys of personal development in a fun atmosphere, from the flying fox to team activities.

In 2017, the camp won the inaugural Executive Management Team (EMT) Award.

A re-build of Mornington dorms was completed with reverse cycle air-conditioning added for the first time.

There are two kinds of dormitories. *Morning* dorms sleep 80; *Variety* dorms sleep 50. The sites are wheelchair friendly.

Children particularly love resident-pony, Alice, goats Olive and Popeye, the chickens and horses PH William and Wall-e.

Children love the camp so much, they often don't want to go home. Some overcome fears such as of heights, water or animals and many have learned to ride a bike for the first time.

The high ropes course challenges participants, 12 metres from the ground but is all run in safe and monitored conditions.

There is even a swimming pool plus a large dam suitable for canoeing.

Youth-at-risk have the opportunity to visit, giving them an opportunity to get away from a troublesome environment.

These visitors often have life-changing experiences, giving them time to breathe when life is at its most challenging.

Sue Shaw, Assistant Camp Manager, says, "Staying for a couple of days, the children build bonds with each other and their mentors, elders and leaders while enjoying the quiet surroundings." She adds, "No mobile reception or TV is sometimes a good thing."

Visitor fees help fund the maintenance and running of the camp, allowing it to be available for youth who have needs. Corporate groups hold team building and Christmas events. Families, church or sporting groups, reunions and weddings are all the rich mix of guests who are welcome to experience the magic of Mornington Adventure Camp and create their own valuable memories while connecting with others.

The Camp is considered to be among the best in the state, often seeing it booked up to 12 months ahead and running at full capacity.

2017-2018 saw the completion of significant improvements and maintenance of \$835,812, on top of the \$486,602 investment the prior year. The camp not only underwent much-needed repairs but received an environmental boost with solar panels and water tank repairs and filtration. It is now set to welcome guests and young people of Western Australia well into the future.



Football is often the glue in remote communities, bonding children and young people regardless of gender across regions with a notable impact on crime reduction. While these statistics are still being collated, feedback from local police confirms that during competition periods, juvenile offences are reduced.

There was plenty of action around the state. Here are some highlights:

Roebourne PCYC

The Department of Communities committed funding in late 2017 to continue the Roebourne PCYC Friday Night safeSPACE™ program, including the Nightfields program, delivered in collaboration with WA Football Commission and the WA Police Force.

Providing a safe place for local young people to hang out in a supervised environment, children and young people engage in life skills workshops. They are also provided with transport home.

The program aims to improve the physical health of young people in Roebourne through the provision of basic first aid and by supplying a nutritional meal. Promoting social and mental health and personal

skills and knowledge in areas such as hygiene and safety, sexual health and alcohol and drug awareness, were integral to the program going from strength to strength into 2018.

Attracting from 50 to 90 youth weekly, the program provides a valuable service to the local community and a platform for WA Police Force officers to positively engage with young people.

Exmouth PCYC

Exmouth PCYC had a bumper year for football with over 170 young people playing. This is some effort, given that the local school, which runs from grade K-12, has only 450 students.

The centre also launched a "footy fundamentals" group for children aged 2-5 years.

It's essential to ensure there are activities beyond the football season. Little Athletics and cricket are both proving popular in the summer months.

Broome PCYC

The West Kimberley Football League Grand Final was held in Broome in September 2017.

The Nightfields project uses football as a vehicle to reconnect with disengaged and youth-at-risk.

Broome PCYC along with Broome Police, Men's Outreach, Headspace and many other community organisations worked together to create a family-friendly

environment to build and strengthen local community relationships with local service providers.

Face painting, fire trucks and the Australian Army truck were some of the activities set up on the day for the children. Broome PCYC coordinated the 'Dash for Cash' 100 sprints which were held during the half-time game breaks.

38% OF SCHOOL CHILDREN ENGAGED IN EXMOUTH PCYC FOOTBALL PROGRAM



Carnarvon PCYC Kingford Lions Football team

Gascoyne Kicks Goals

In May, WA Police Force Youth Crime Intervention Officers and Ngala (RSAS) staff helped kick off the Gascoyne football season.

With sponsorship from local businesses – Westerly Contractors, Woolworths Carnarvon and the Aboriginal Biodiversity Conservation Foundation – the Carnarvon PCYC Kingsford Lions had a bountiful season remaining undefeated, perhaps due to power in numbers. The club has the highest number of participants for Nippers of all four teams in the Gascoyne Football Association (GFA).

The Nippers were invited on an excursion to the NAIDOC Football

Carnival in Meekathara during the July 2018 holidays, organised by the Stephen Michael Foundation. A brilliant turnout under clear blue skies saw teams competing from Wiluna, Geraldton, Meekathara and Carnarvon but Carnarvon's light shone the brightest, bringing home the carnival shield.

Paul Mugambwa, General Manager of the Stephen Michael Foundation commended the event, delighted to see the smiles on the young footballers' faces.

Working with Carnarvon PCYC, local police, Shire Youth Outreach Services and the GFA, the foundation is keen to explore initiatives into 2019 to encourage

children and young people to be involved in country football.

They are not alone. The boys received a surprise visit from former boxer Danny Green and messages of support from former Dockers player, Matthew Pavlich.

Carnarvon PCYC and Carnarvon police, with the support of sponsors and partners, are kicking goals aplenty as the community joins together. With Carnarvon's youth wearing grins from ear to ear, there is no doubt diversionary programs not only work but spread joy, leading to wins for the participants and community alike.





KEY PARTNER



GOVERNMENT

- Department of Communities, Child Protection & Family Support
- Department of Education
- Department of Industry, Innovation and Science
- Department of Local Government, Sporting and Cultural Industries / Department of Sport and Recreation
- Department of Prime Minister and Cabinet
- Department of Social Services
- Great Southern Development Commission
- Job & Skills WA
- Lotterywest
- Mental Health Commission
- Mid-West Development Commission
- Pilbara Development Commission
- Regional Development Australia
- South Metropolitan TAFE
- South West Development Commission
- WA Police Force

CITIES & SHIRES

- City of Albany
- Shire of Broome
- City of Bunbury
- Shire of Carnarvon
- Shire of Collie
- Shire of Exmouth
- City of Fremantle
- City of Greater Geraldton
- City of Gosnells
- Shire of Harvey
- City of Karratha
- City of Kalgoorlie Boulder
- Shire of Northam
- City of Rockingham
- City of South Perth
- City of Swan
- City of Subiaco
- Town of Victoria Park



MAJOR SPONSORS & SUPPORTERS

- Amity Health
- Anglicare
- Anglo Gold Ashanti
- Australia Post- Grassroots for Giving
- Bendigo Bank
- Breakaway Aboriginal Corporation
- Centacare Employment & Training
- Coal Miner's Welfare Board
- Commonwealth Bank of Australia
- Evolution Mining
- Fogarty Foundation
- Food Rescue, Scutti South Perth, Second Bite-Kensington PCYC
- Fortescue Metals
- Fremantle Foundation:
 - J M Wright Memorial Fund
 - Carter Family Fund
 - Fremantle Players Fremantle Community
 - The Smith and Jones Fund
 - The Townes Fund
- Fulton and Hogan
- KCGM
- GRAMs Geraldton Aboriginal Medical Services
- MAXSolutions
- McDonalds
- Midwest, Employment & Economic Aboriginal Corporation (MEEDAC)
- Mrs Mac's Shed
- Premier Coal
- Rotary Clubs of Western Australia
- Rio Tinto
- Sidney Myer Foundation
- South West Development Commission
- St. Patrick's Community Support Centre
- South West Aboriginal Medical Services
- Synergy
- The Jack Family Charitable Trust
- Variety
- Vicinity Centres (Rockingham City Shopping Centre)
- WA Public Health Alliance
- Woodside

A sincere thank you to our supporters, sponsors and grantors, too many to mention, and the communities we serve. Without your contribution, WA PCYC would not have been able to achieve its outcomes in 2017-2018.

SECURING OUR FUTURE

Program Grants

As PCYC continues to focus on strategy, its value is being recognised in communities across WA. There was significant funding for Ice Breakers®, Safe Space™, Stepping Stones™, Drive to the Future™, Outreach™, the Kids Health Project and Footy Fundamentals.

While all 44 grants cannot be mentioned, significant contributions to changing lives came from:

- Albany: Mental Health Commission \$180,000- Ice Breakers
- Broome: WA Police Force \$107,678- Safe Space
- Fremantle: Department of Social Services \$225,339 and WA Police Force \$100,000- Safe Space
- Gosnells: Lotterywest \$122,725- Bulk Equipment Grant
- Gosnells: Western Australian Government \$110,000 - Off the Rails™
- Kalgoorlie: Department of Prime Minister and Cabinet \$389,670- Safe Space
- Midland: Department of Education WA \$144,000- Stepping Stones
- Outreach (Midland): City of Swan \$50,000
- Rockingham: Department of Education WA \$65,000 - Weld to Life®
- Roebourne: Department of Communities (RSRU) \$80,000- Safe Space™ (Friday Nights/Nightfields)

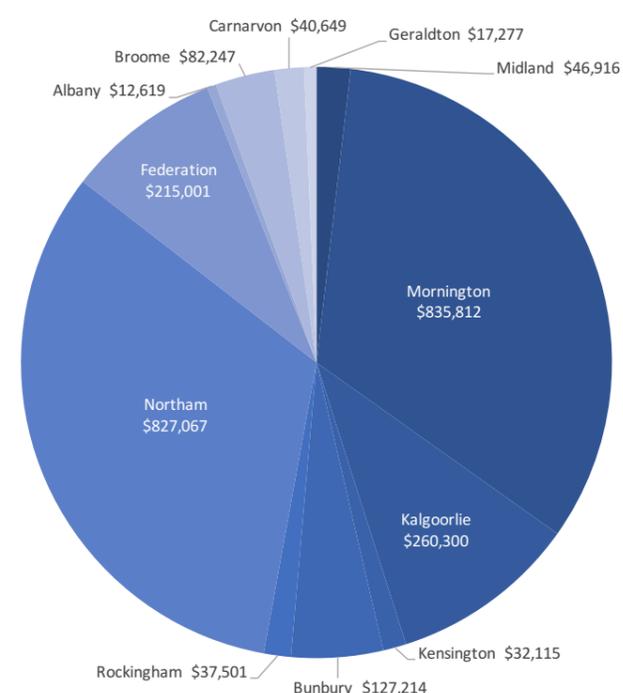
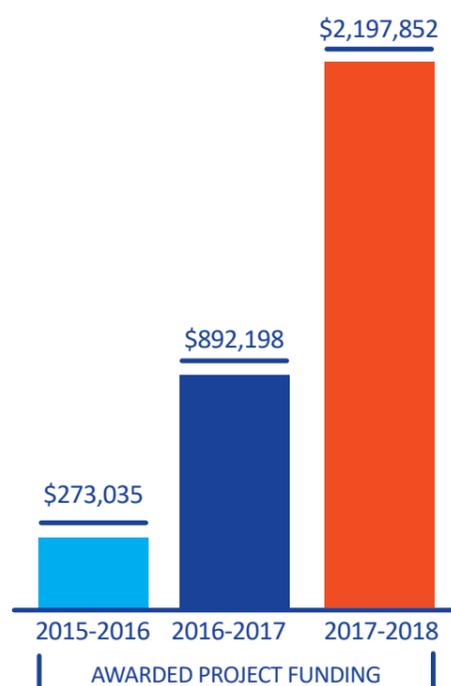
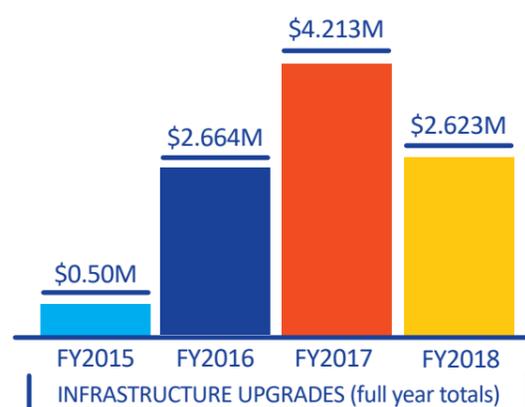
- Roebourne: Regional Development Australia \$78,000- Kids' Health Project and \$91,827- Footy Fundamentals
- Roebourne: Regional Development Australia \$54,013- Drumbeat

The Commonwealth Bank of Australia donated \$10,000 each to five centres as part of their Centenary Grants program.

Note that figures are ex-GST.

Infrastructure Upgrades

\$2,547,949 was invested in upgrades to centres, with 12 centres receiving upgrades of over \$5,000. Since FY2015, \$10 million has been invested.



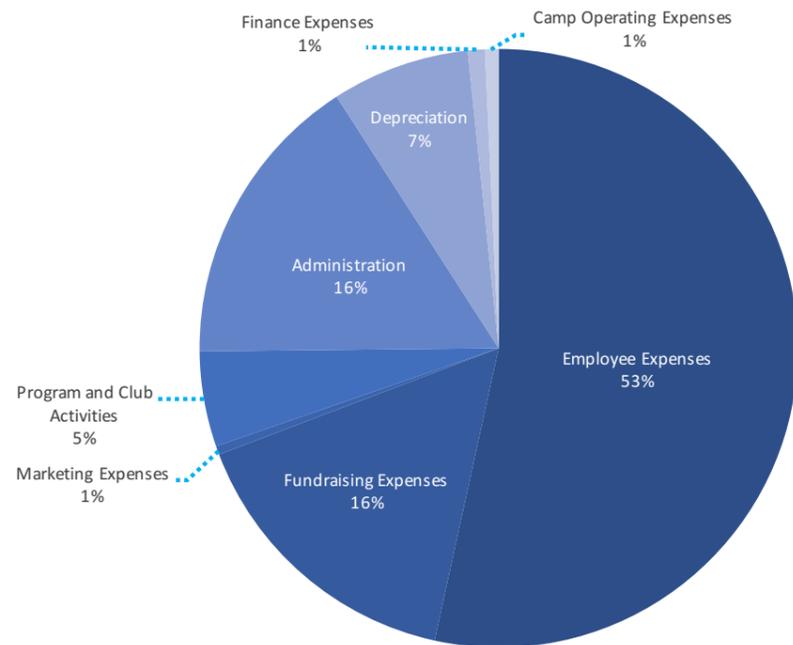
FINANCIALS

WA PCYC Statement of Cashflows	\$ FY18	\$ FY17
CASH FLOW FROM OPERATING ACTIVITIES		
Receipts from grants, centre activities and donations	11,962,302	8,858,778
Payments to suppliers and employees	(14,162,357)	(10,756,709)
Interest income	123,206	235,172
Finance costs paid	(63,016)	(103,506)
Net cash from operating activities	(2,139,865)	(1,766,265)
CASH FLOW FROM INVESTING ACTIVITIES		
Payments for property, plant and equipment	(3,760,119)	(6,342,749)
Proceeds from sale of property, plant and equipment	16,599	0
Receipt of funding for property, plant and equipment	3,353,109	4,355,350
Net cash from investing activities	(390,411)	(1,987,399)
Net increase/decrease in cash and cash equivalents	(2,530,276)	(3,753,664)
Cash and cash equivalents at beginning of year	6,417,543	10,171,207
Cash and cash equivalents at end of year	3,887,267	6,417,543
INCOME		
Grant Revenue	5,604,030	6,032,369
Fundraising	3,680,868	2,933,960
Program and Club Activities	3,518,748	2,711,785
Camp Operating Income	749,055	728,465
Other Income	847,502	807,549
Interest Income	123,206	235,172
Total Income	14,523,409	13,449,300
EXPENDITURE		
Employee Expenses	8,322,239	5,990,665
Fundraising Expenses	2,457,318	1,848,714
Marketing Expenses	72,924	124,099
Program and Club Activities	802,071	510,588
Administration	2,499,598	1,895,915
Depreciation	1,160,999	584,416
Finance Expenses	143,237	103,506
Camp Operating Expenses	114,618	107,403
Total Expenditure	15,573,004	11,165,306

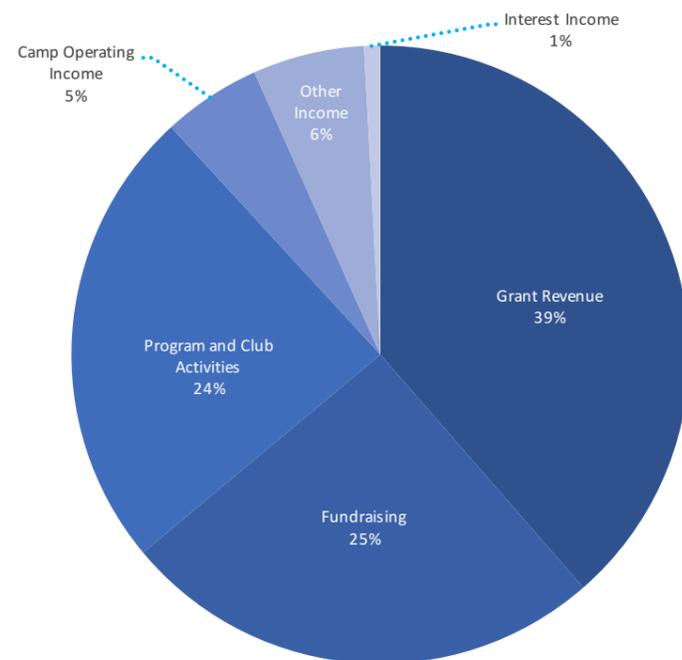
Please refer to *Financials 2017-2018* for full results.

FINANCIALS

Expenses



Income



This report was printed by Westcare Print, Nedlands, making a difference by providing opportunities for work and retaining the dignity of disabled Western Australians for over 70 years. Report design fully produced by WA PCYC.

©Copyright 2018 Federation of Western Australian Police and Community Youth Centres (WA PCYC) all rights reserved. Full Throttle, Stepping Stones, Off the Rails, safeSPACE and PCYC Mobile Outreach are trademarks claimed by WA PCYC. Ice Breakers WA PCYC, Blue Light Western Australia and Weld to Life are trademarks registered to WA PCYC. Blue Light is a registered trademark of Blue Light Victoria Inc.



how you can help

DONATE

You can donate to WA PCYC anytime via cash, cheque, direct deposit or credit card online or over the phone. All donations of \$2 or more are tax deductible. Call or visit online to donate or:

- Direct Debit: Westpac Bank
BSB: 036-000 Account number: 36-0094
- Cheque: The Federation of WA PCYC,
PO Box 185, Cloverdale WA 6985

RAFFLE

Purchase 'lucky numbers' in raffles three times a year. Each raffle gives you the chance to share in \$26,000 worth of cash prizes! Call the raffle hotline on 1300 265 162.

CORPORATE PARTNERSHIPS

Corporate partnerships allow the continual planning and implementation of quality programs and can help you and your employees feel that the effort they put in at work every day is contributing to changing young lives in WA.

WORKPLACE GIVING

A regular, pre-tax donation through your payroll system is a simple and effective way to support PCYC programs and activities - while reducing your taxable income.

BEQUEST

Large or small, every gift is greatly appreciated and helps deliver recreational, educational and diversionary programs for children, young people and youth-at-risk, building stronger, safer and healthier communities.

IN-KIND DONATION

PCYC centres appreciate new or used items in good condition that will help deliver programs and activities.

VOLUNTEER

Be one of the hundreds who support PCYC across the state, helping maintain its high level of engagement with the young people of WA.



www.wapcyc.com.au



(08) 9277 4388



Raffle: raffle@wapcyc.com.au
Giving: info@wapcyc.com.au
Partnerships: marketing@wapcyc.com.au
Volunteering: hr@wapcyc.com.au



WA PCYC CENTRES

Regional Area

Albany	9842 1716	albanypcyc@wapcyc.com.au
Broome	9192 1655	broomepcyc@wapcyc.com.au
Bunbury	9795 8690	bunburypcyc@wapcyc.com.au
Carnarvon	9941 4116	carnarvonpcyc@wapcyc.com.au
Collie	9734 5767	colliepcyc@wapcyc.com.au
Exmouth	9949 2441	exmouthpcyc@wapcyc.com.au
Geraldton	9921 1317	geraldtonpcyc@wapcyc.com.au
Harvey	9729 1581	harveypcyc@wapcyc.com.au
Kalgoorlie	9021 1076	kalgoorliepcyc@wapcyc.com.au
Mornington	9729 1180	morningtonpcyc@wapcyc.com.au
Northam	9622 2220	northampcyc@wapcyc.com.au
Quairading	9645 0202	quairadingpcyc@wapcyc.com.au
Roebourne	9182 1784	roebournepcyc@wapcyc.com.au

Metropolitan Area

Fremantle	9314 3157	fremantlepcyc@wapcyc.com.au
Gosnells	9459 1168	gosnellspcyc@wapcyc.com.au
Kensington	9367 1282	kensingtonpcyc@wapcyc.com.au
Midland	9274 1918	midlandpcyc@wapcyc.com.au
Outreach	0401 539 687	outreach@wapcyc.com.au
Rockingham	9592 1232	rockinghampcyc@wapcyc.com.au
Serpentine	9525 2734	serpentinepcyc@wapcyc.com.au
Subiaco	9388 2053	subiacopcyc@wapcyc.com.au



*changing lives
for over 76 years*

