

# January Holiday Activities/Programs



Address: Hay Park Grounds, Parade Road, Bunbury 6230

Phone: 9795 8690

Email: [bunburypcyc@wapcyc.com.au](mailto:bunburypcyc@wapcyc.com.au)

Contact us for more info  
or to book your spot!

## CamoPlay

\$10

Fun class for toddlers, aged 1-4, with parent participation.



- » Runs once each week

## Have a Go Gymnastics

\$10

An introduction to gymnastics and a fun class to promote the activity to children.



- » Two classes every Monday to cater for two different age groups, ages 4-7 and 8+

## Stella's Athlete Masterclass

\$18

Run by Stella Johnson.

Stella coached Rhythmic Gymnastics at the High Performance Centre in Perth and was an accredited Gym WA Rhythmic levels and elite judge.



Stella is passionate about encouraging athletes to be the best they can be through excellent alignment, strength and flexibility.

- » Running four classes, every Wednesday in January
- » These classes will be a great introduction to showcasing the elements of floor gymnastics with a strong focus on strength & flexibility and finishing performances

## FreeG

\$10

Run by Gerry Barton, experienced gymnastics coach.



FreeG comprises free running, tricking and tumbles, using much of the gymnastics equipment and setting up agility courses.

- » Two classes running over the January holidays, split into two age groups, 6-10 and 11+

## Tumbling

\$10 or \$20

Class focusing on floor tumbling.

This class will be targeted at existing gymnasts and offered to local acro tumblers, cheer participants and dancers



- » Running four classes, every Thursday in January and split into two levels, beginners (\$10) and experienced (\$20)

## Circus

\$18

With Ben Colman.

Solo circus entertainer for ten years, Ben retired from full-time performing and enjoys coaching upcoming circus performers.



- » Running six classes, split into two age groups, 5-10 and 11+
- » Three classes: acrobatics and mime, statics and pyramids, and agility jumping and mime
- » Three classes for essential circus skills – juggling, hula hoop fun and balloon twisting

## Basketball Clinics

\$10

Run by Anita Reca, an experienced basketballer and coach who's donating her time.



- » Three classes, each Tuesday and split into two age groups, under 10 & 12 and under 14 & 16
- » A session will be dedicated to fitness and skill development in the game of basketball

## Muay Thai

\$10

Run by professional Muay Thai fighter and coach, Kylie Stark.



- » Running two age groups every Tuesday afternoon and Thursday morning, ages 8-14 and 15+

## Boxing

\$10

Run by Brad Humble.

Structured boxing skills



- » One class every Wednesday for ages 15+

## Boxing Fitness

\$10

Run by Mae-Ling Mildwaters.

Personal trainer with a passion for women's health and fitness.



- » A class will run every Friday morning for Ladies only, with a focus on fitness through boxing techniques and other exercises
- » A second class will run on Friday afternoons for girls aged 13-18, dedicated to getting girls to embrace fitness and strength

Please note prices are per session.